Can Arts Award Contribute to Building Resilience in Arts Practice?

Exploring how aspects of the Arts Award process may support building resilience





What is Arts Award?

Arts Award is...

...a range of unique qualifications that supports anyone aged up to 25 to grow as artists and arts leaders, inspiring them to **connect** with and take part in the wider arts world through taking challenges in an art form from fashion to digital art, pottery to poetry.



www.artsaward.org.uk







Arts Award can be achieved at five levels, four qualifications and an introductory level.

Arts Award is a personal learning programme which develops and assesses both arts-related and transferable skills, such as creativity, communication, planning and teamwork





The Arts Award Process

Young people take on challenges in an art form, participate in arts activities, experience arts events, get inspired by artists and share their arts skills with others

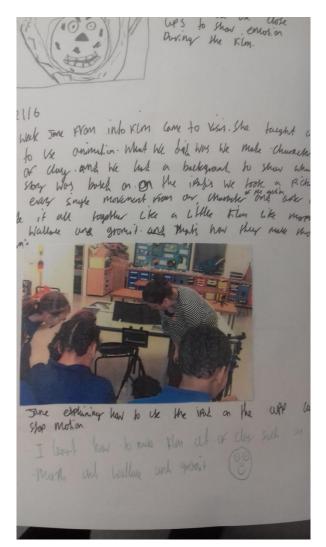






The Arts Award Process

Young people create a portfolio to keep a record of their creative journey.



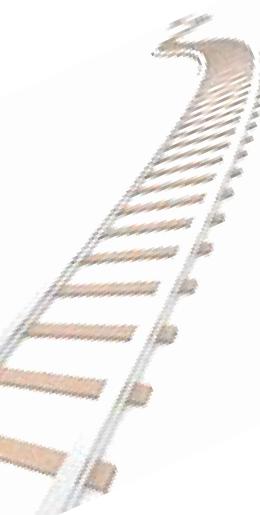








Train Track of Co-production → Arts Award



Being Professional

Learning together and from each other, Independent

Creative entrepreneurship

Potential to develop into a career, become professional

Creative empowerment

Being creative independently, making creative decisions

You have the creative control

Creative collaborator

Build on what learnt, on process

Support/resources from facilitator

Creative Sharing

Invited to take part in activity

Creative lesson

Talk or seminar or workshop demonstration

Taught technique/told information, Discuss/Q&A, experimentation

Creative audience

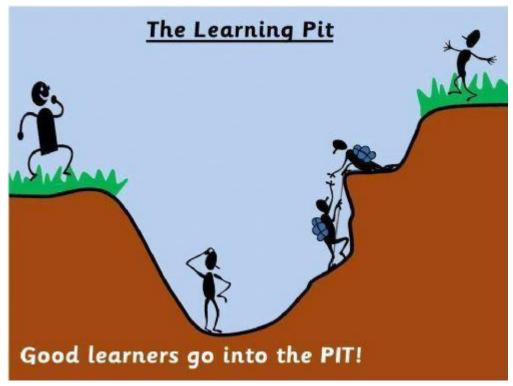
Choose to go/engaged/watch/look





Resilience Pit

LEAN Hypothesis: 'Artists could strengthen their methods of measuring how they build resilience in children and young people' [Toolkit Introduction]



How do we measure this?

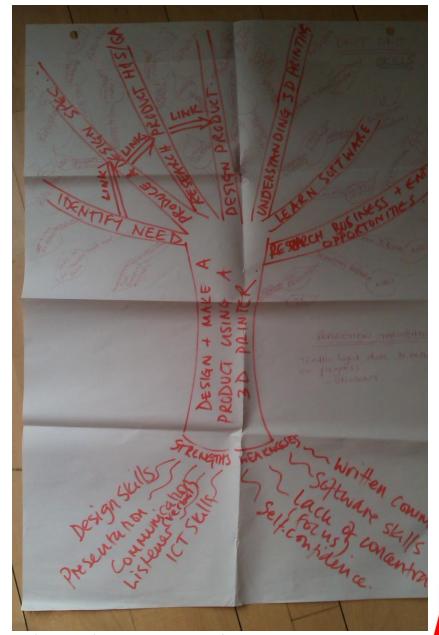




Arts Award

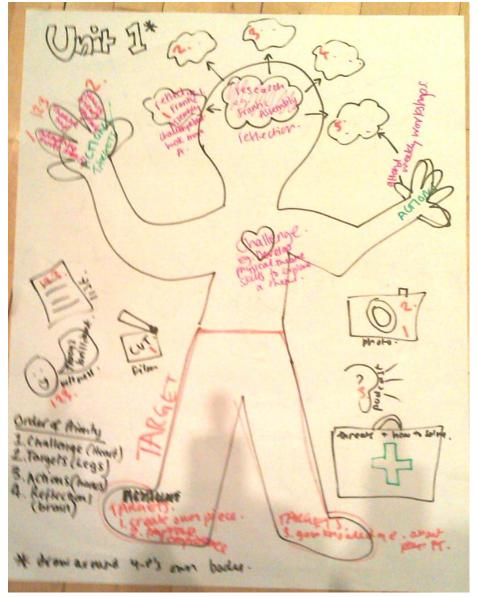
celebrates the journey – the growing of the young person.

It recognises the positives and the negatives.



Education

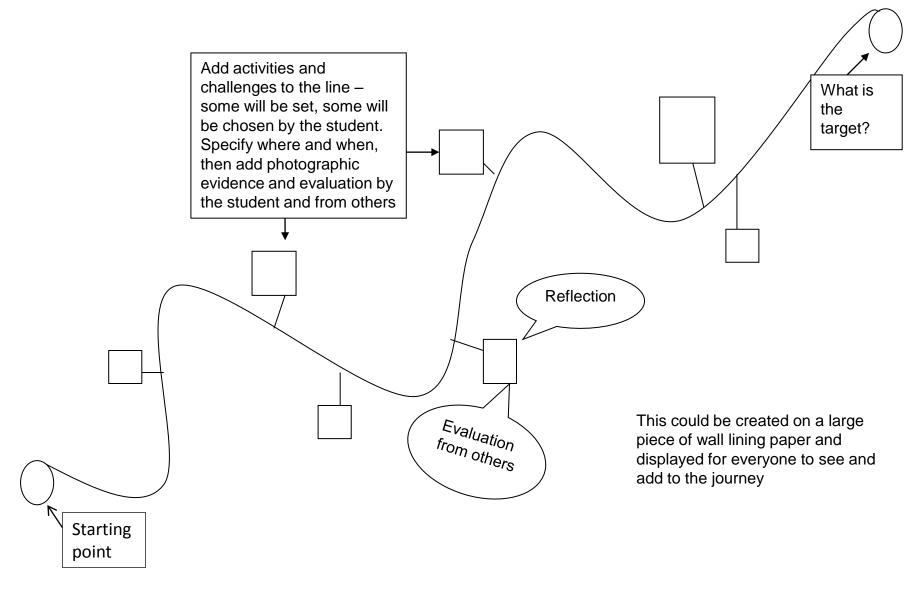




Young people are encouraged to reflect on their learning, and to celebrate their problem solving processes – even if the outcome is not successful.

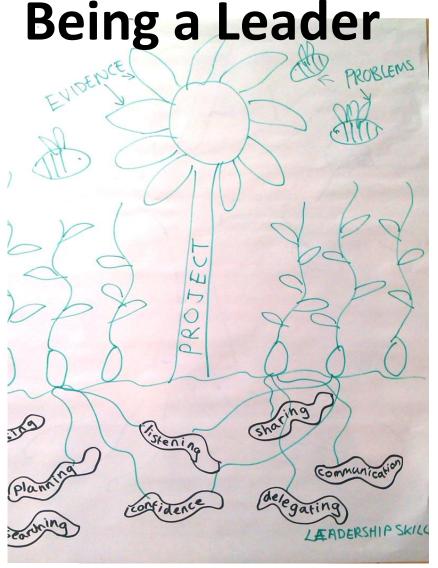


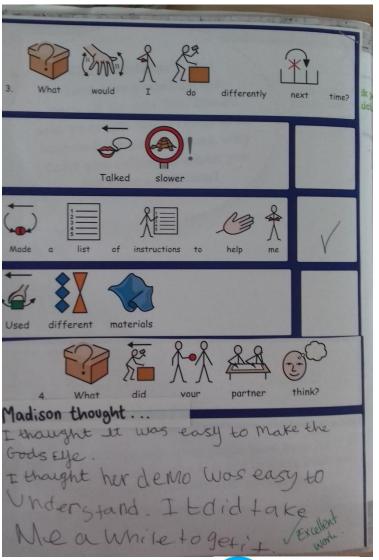
















Resilience Toolkit ————— Arts Award

Belonging	 Develop healthy relationships with: Peers, Arts Award adviser, Other artists Find different ways of communicating Celebrate communication Capture the good times
Learning	 •Make transferable skills explicit •Moving along a journey •Articulate and celebrate learning •Develop confidence and leadership
Coping	Acknowledge small stepsSpace for reflectionFailure is OK
Core Self	 Look how far we've come Encourage aspiration - Links with other artists Have something tangible to take away





Arts Award training dates

with PB Education Services/ Philippa Beagley

Bronze and Silver adviser training:

Monday 6th November, Hoxton [SEN practitioners]

Friday 17th November, Bermondsey

Thursday March 1st 2018, Bermondsey

Discover and Explore adviser training

Monday December 4th, Hoxton [SEN practitioners]

Monday February 26th 2018, Brighton

Wednesday february 28th 2018, Hoxton [SEN practitioners]





