

# Hello, I'm Sharon Stammers Architectural lighting designer

- A levels in Drama, Eng Lit and Sociology • B.A in Theatre Studies (including Lighting Design)
- City and Guilds Stage Electrics
- MSc (Arch) in Light and Lighting

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### **MY JOB DESCRIPTION**

An architectural lighting designer is a role that relates to the interior and exterior lighting design of buildings and spaces. And it is their responsibility to design and oversee a lighting concept for a project that is both functional and appealing, with consideration given to the health and wellbeing of the intended occupants. It can include daylight and electric light.

Lighting design is based in both science and the creative and visual arts. The basic aim of lighting within the built environment is to enable occupants to see clearly and without discomfort.

The objective of architectural lighting design is to balance the art and the science of lighting to create mood, visual interest and enhance the experience of a space or place whilst still meeting the technical and safety requirements. As examples, a project could consist of designing lighting for a public square whilst another could be to create a design for a new restaurant.

Architectural lighting designer is a stand-alone profession that sits alongside the professions of architecture, interior design, landscape architecture and electrical engineering.

## **3 TIPS ON HOW TO FOLLOW IN MY FOOTSTEPS**

#### LEARN

While many architectural lighting designers have a background in electrical engineering, architectural engineering, architecture, or luminaire manufacturing, several universities and technical schools now offer degree programs specifically in architectural lighting design.

#### **BE INSPIRED**

Go and look at light. Natural light sunrise, sunset, the night sky, visit galleries to see light art, go to a light festival, see a show on stage or a gig, look at Christmas lights, the lighting in your school or in a shopping centre - it's all around us.

#### UNDERSTAND

The importance of light. Light is the source of all life on our planet. Light enables sight, affects mood and improves overall well-being. We need light to survive. Being a lighting designer means that you can assist with making a better world for everyone.

