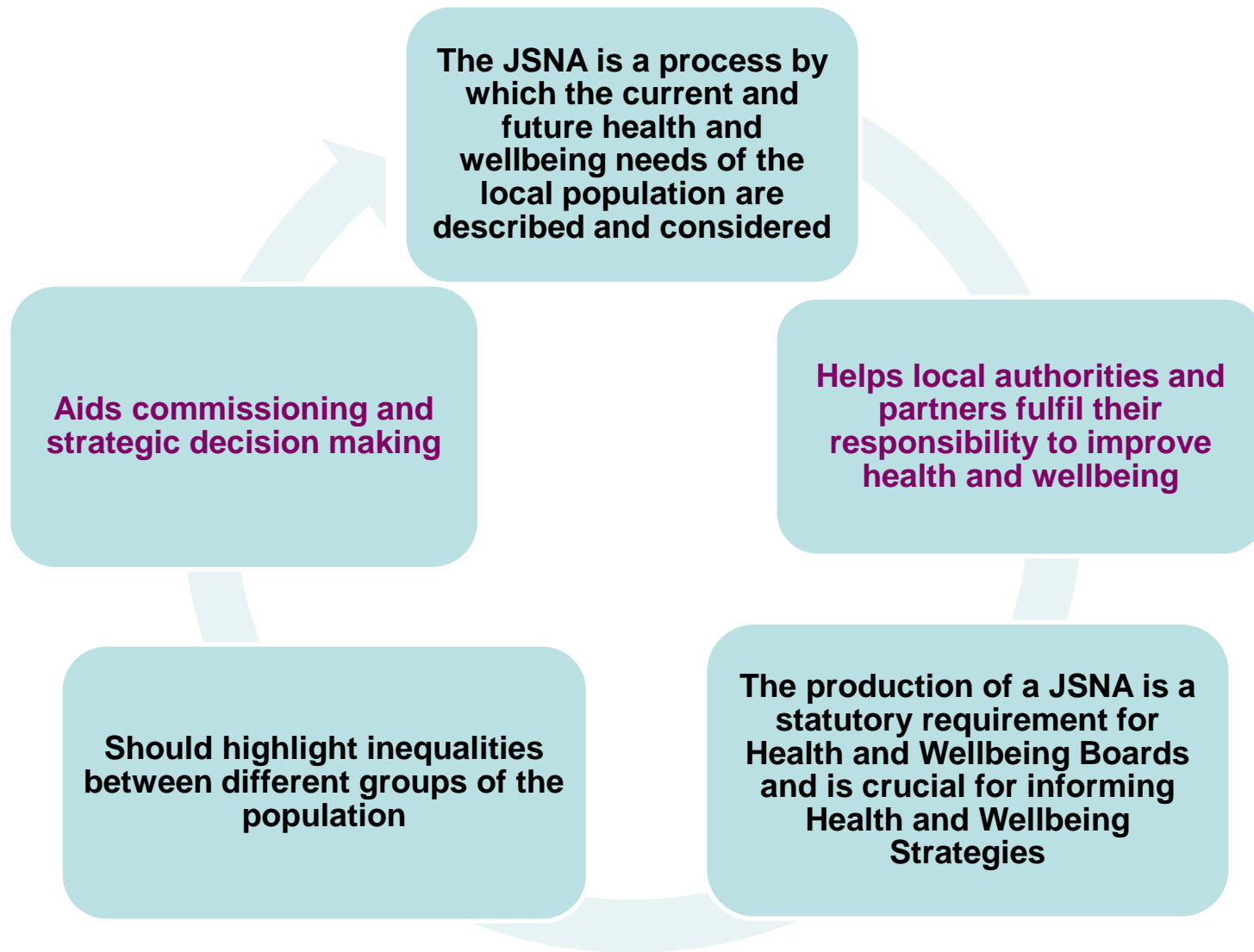


# Joint Strategic Needs Assessment (JSNA)

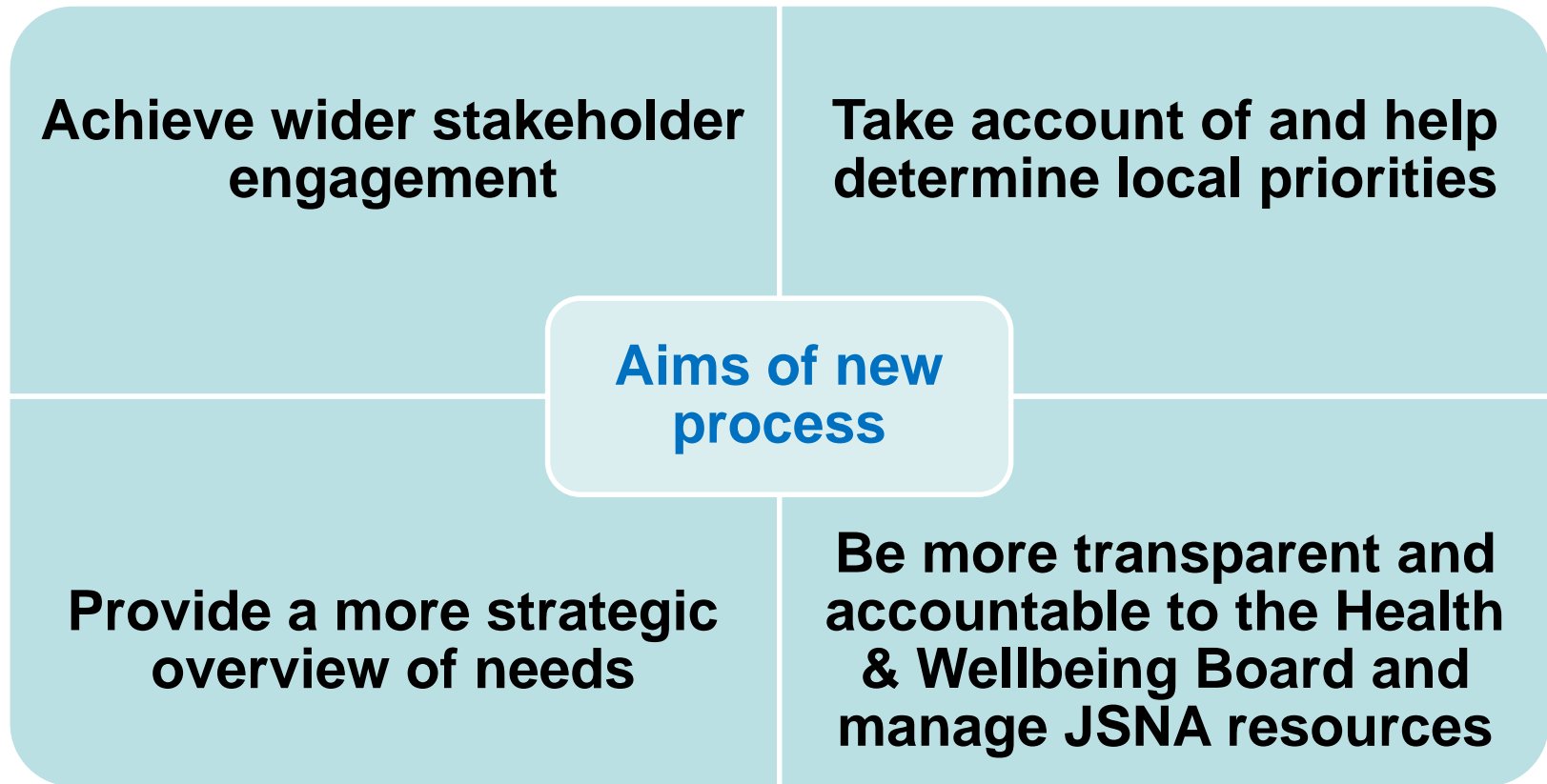
Picture of Lewisham  
2021

- What is a JSNA?
- The JSNA Process in Lewisham
- The Borough
- Mortality
- Overarching Health Indicators
- Health & Wellbeing Strategy Priorities
- Other Determinants of Health
- Services



# What is a JSNA?

- A revised JSNA process was agreed by the Health and Wellbeing Board in [July 2017](#)



- This document describes the population of Lewisham in terms of the key health and socio-demographic characteristics, including mortality, morbidity, ethnicity and inequalities.
- The JSNA is updated with new information, evidence and intelligence as it becomes available and as new issues and gaps are identified.



**Demographics**

**Inequalities**



A Picture of Lewisham

Achieving a healthy weight

Increasing the number of people who survive colorectal, breast and lung cancer for 1 and 5 years

Improving immunisation uptake

Reducing alcohol harm

Preventing the uptake of smoking among children and young people and reducing the numbers of people smoking

Improving mental health and wellbeing

Improving sexual health

Delaying and reducing the need for long term care and support

Reducing the number of emergency admissions for people with long-term conditions

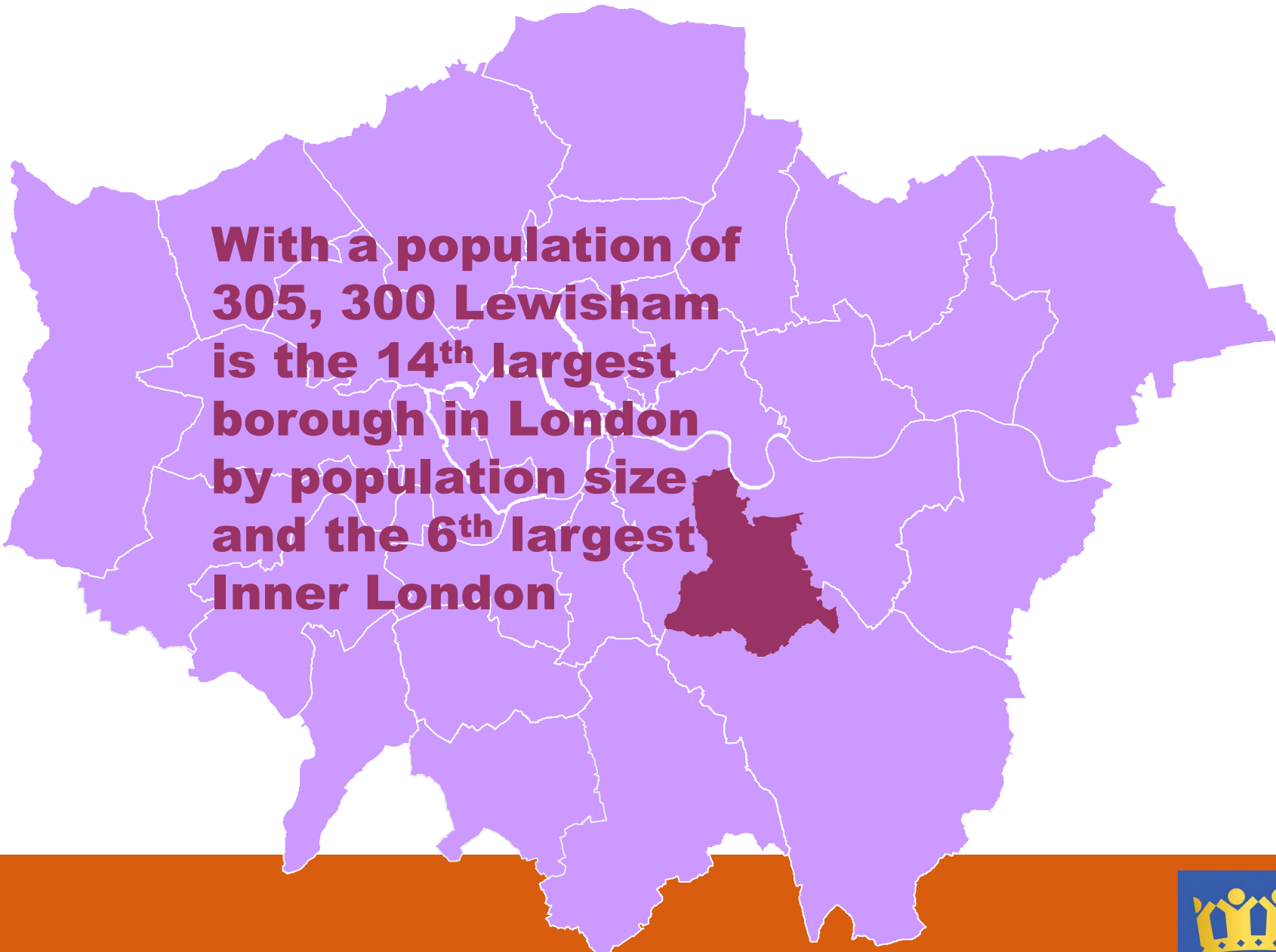
## Health and Wellbeing Strategy Priorities -

The health and wellbeing strategy explains what priorities the Health and Wellbeing Board has set in order to tackle health need





# The Borough



**With a population of 305,300 Lewisham is the 14<sup>th</sup> largest borough in London by population size and the 6<sup>th</sup> largest Inner London**



Lewisham



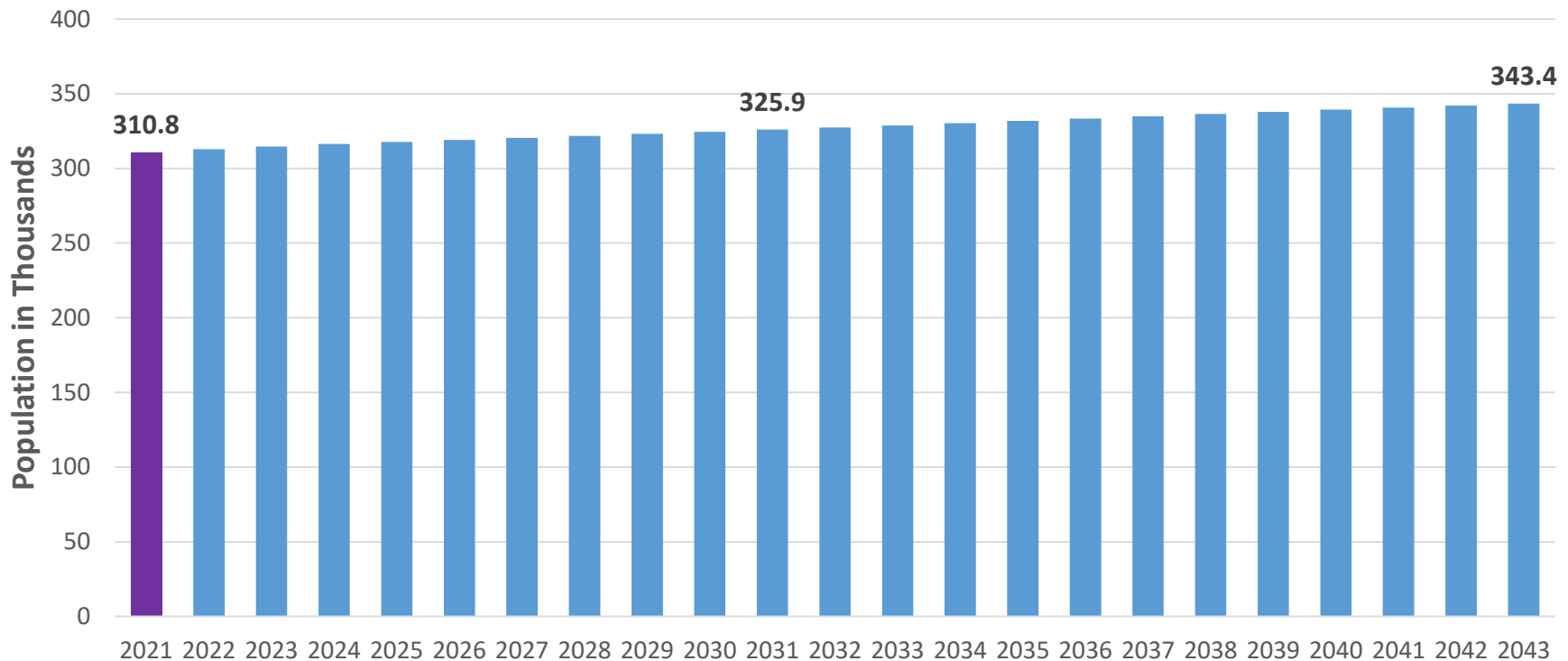
	<b>Males</b>	<b>Females</b>	<b>Total</b>
<b>0-17</b>	<b>35,101</b>	<b>33,175</b>	<b>68,276</b>
<b>18-64</b>	<b>103,429</b>	<b>104,250</b>	<b>207,679</b>
<b>65+</b>	<b>12,943</b>	<b>16,411</b>	<b>29,354</b>
<b>Total</b>	<b>151,473</b>	<b>153,836</b>	<b>305,309</b>

Source: ONS 2020 Mid Year Population Estimates

**Population by Age and Sex -**  
Lewisham has a young population bias



The population is set to continue to grow, by the time of the 2031 Census it is expected to reach 325,900 and climb to 343,400 by the time of the 2043 Census.



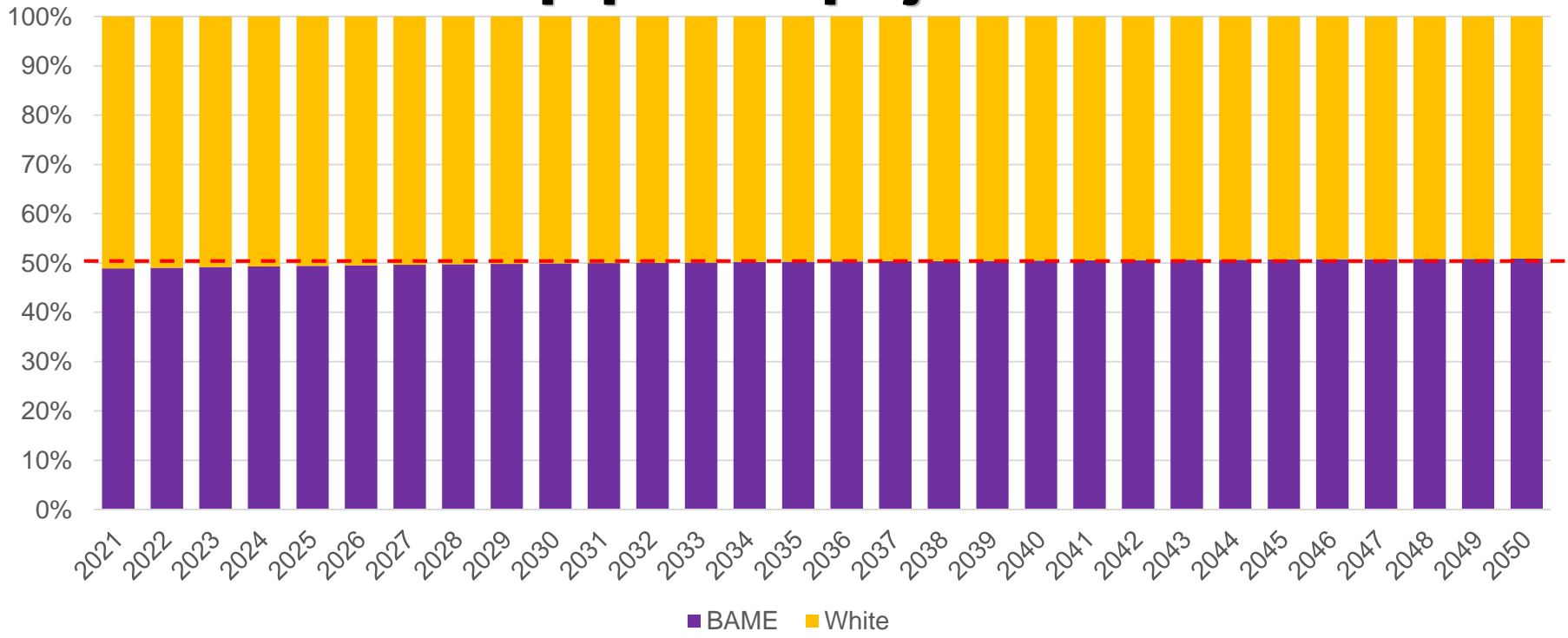
Source: ONS 2019

**Population Growth** - this growth is through a combination of the number of births exceeding the number of deaths, international migration, people moving to the borough from overseas



- The ethnic profile of Lewisham residents is forecast to change up to 2050
- By 2031 it is forecast that the White and BME population will be 50/50
- Subsequently the BME population is predicted to exceed the White population

### Lewisham population projections 2021-2050



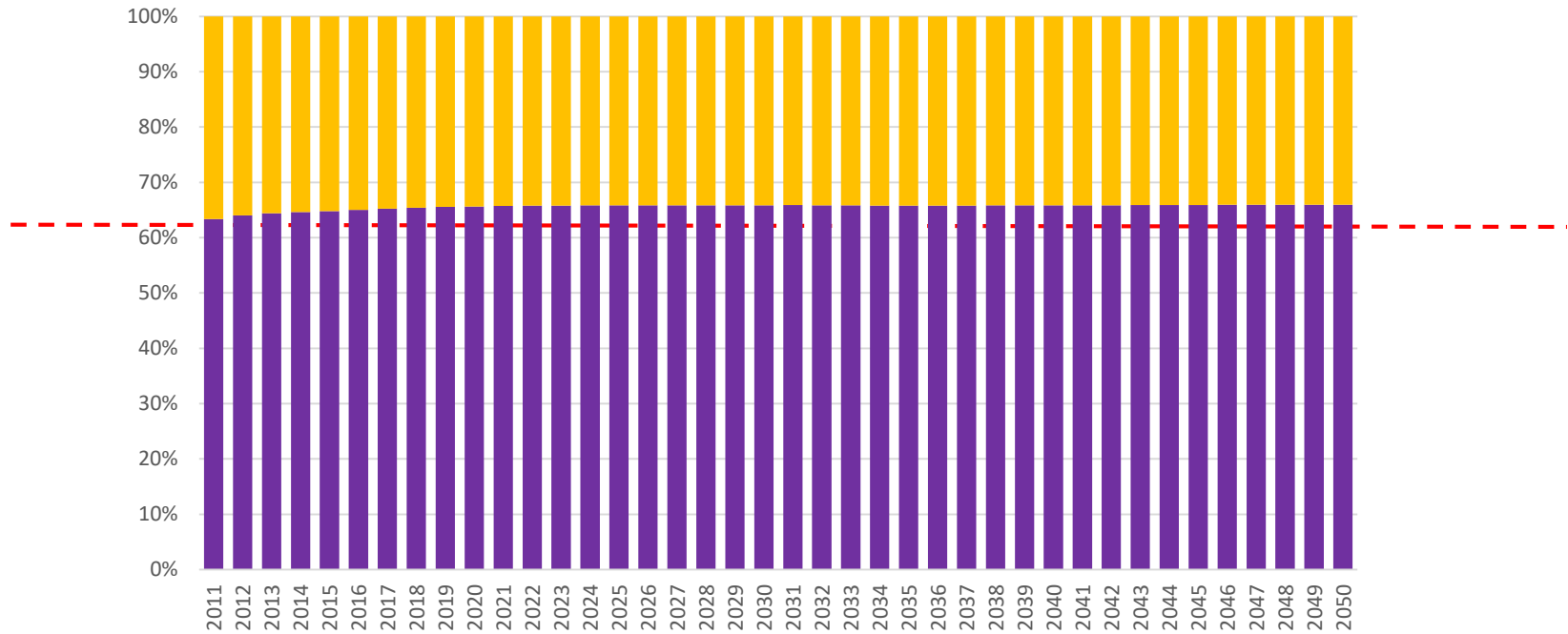
Source: Ethnic Group Population Projections (2016 based central trend) GLA

**Ethnicity** - understanding the current and future ethnic composition of the borough is important as some health conditions impact disproportionately on certain ethnic groups, e.g. diabetes. There is also disparity by ethnicity in use of and access to some services



However for young people the ethnic proportions are and will continue to be quite different. The percentage of 0-19s of BME heritage has remained at or marginally above 65% since 2011. By 2031 the proportion of BME residents aged 0-19 is projected to reach 67%.

Ethnic Population Trends and Projections of Children and Young People 0-19 as a Proportion of the Population

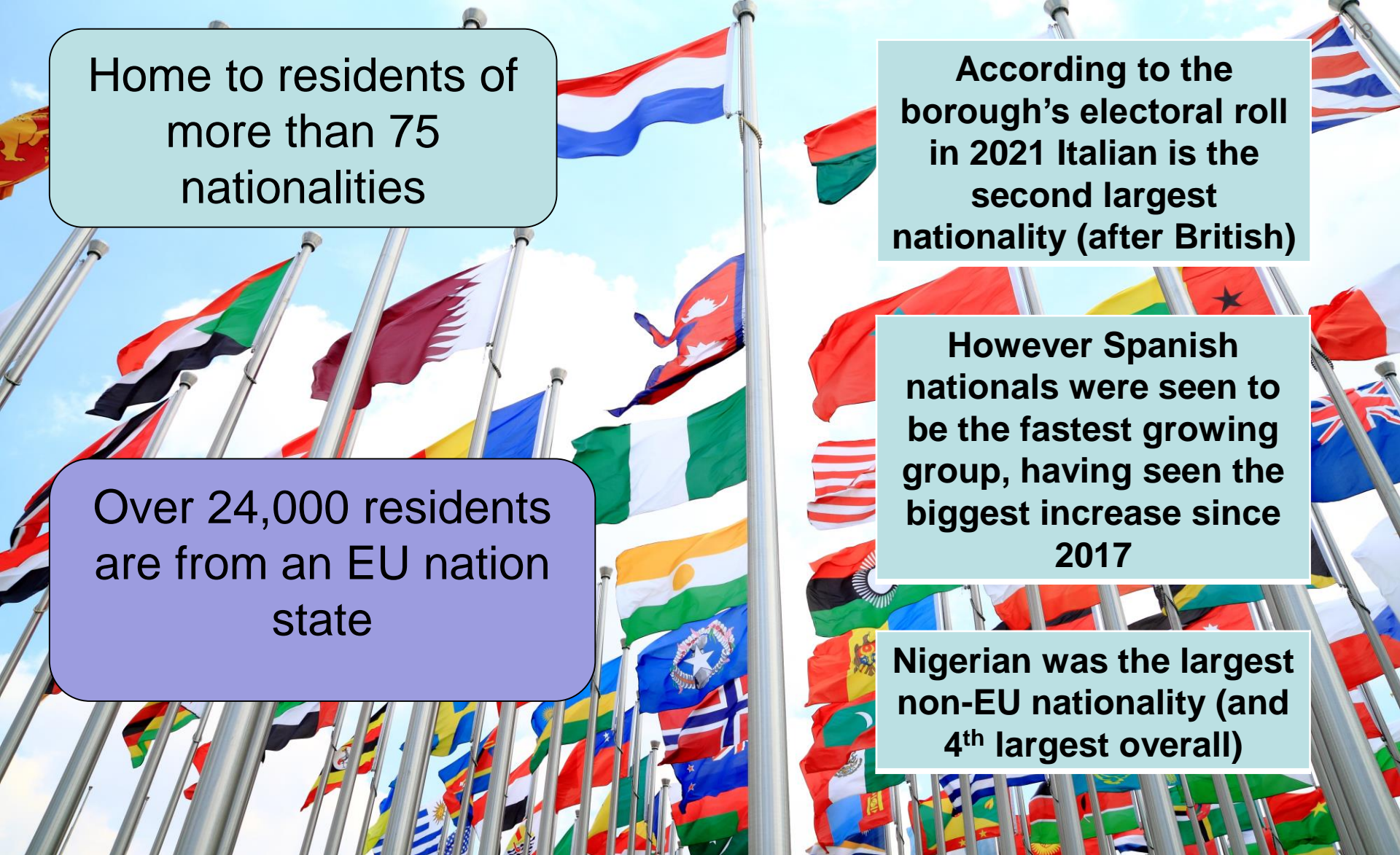


Source: 2016 Round Ethnic Group Population Projections, GLA

■ BAME ■ White

**Ethnicity of Young People** - between 2011 and 2031 the size of the population of BME children & young people 0-19 will grow at more than three times the rate of their White counterparts





Home to residents of  
more than 75  
nationalities

Over 24,000 residents  
are from an EU nation  
state

According to the  
borough's electoral roll  
in 2021 Italian is the  
second largest  
nationality (after British)

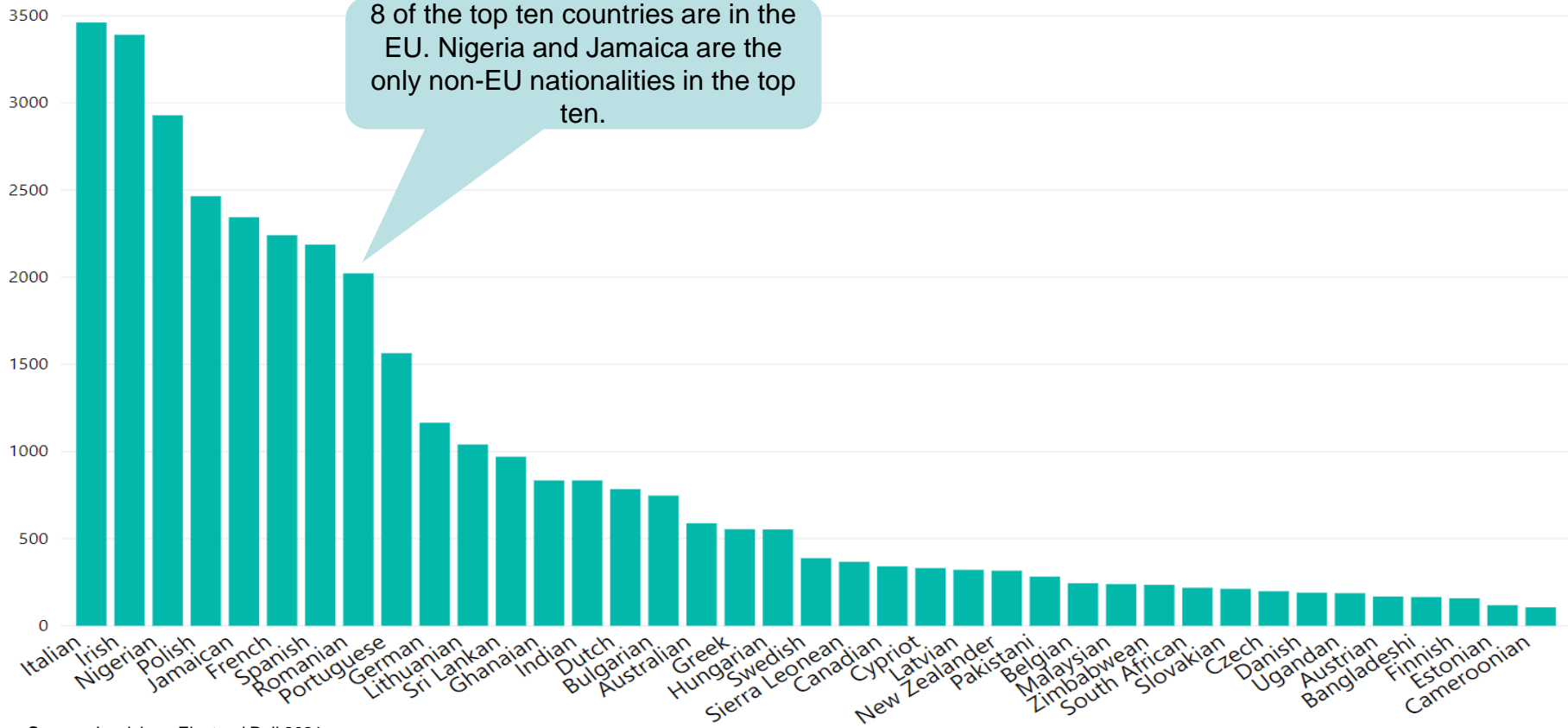
However Spanish  
nationals were seen to  
be the fastest growing  
group, having seen the  
biggest increase since  
2017

Nigerian was the largest  
non-EU nationality (and  
4<sup>th</sup> largest overall)

**Diversity** - The Lewisham population is predicted to  
continue to diversify as it grows over the coming decades

The chart below shows nationalities on Lewisham's Electoral Roll that are at or above triple digits. Aside from those who identify as British, the top ten most numerous nationalities are Irish, Nigerian, Italian, Polish, Jamaican, French, Spanish, Romanian, Portuguese and German.

8 of the top ten countries are in the EU. Nigeria and Jamaica are the only non-EU nationalities in the top ten.



Source: Lewisham Electoral Roll 2021

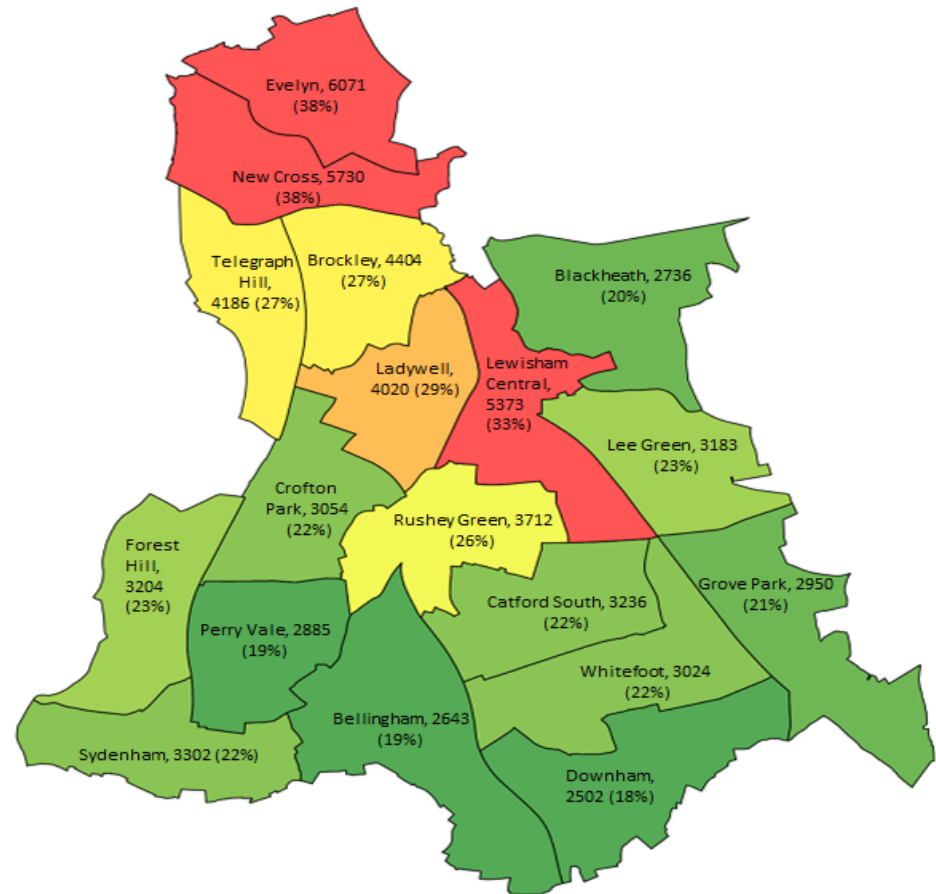
	2011 Census	
	Number of residents	% of residents
<b>All residents (as of March 2011)</b>	275,885	100
<b>Christian</b>	145,588	52.8
<b>Buddhist</b>	3,664	1.3
<b>Hindu</b>	6,562	2.4
<b>Jewish</b>	643	0.2
<b>Muslim</b>	17,759	6.4
<b>Sikh</b>	531	0.2
<b>Other religion</b>	1,478	0.5
<b>No religion</b>	75,155	27.2
<b>Religion not stated</b>	24,505	8.9

The 2011 Census remains the most comprehensive source for data on religion/faith for residents. Over half of all residents identified as Christian. Residents stating their religion was Muslim was the second largest group.

## Religion

- Residents whose first language is not English are concentrated in the north of the borough as well as Lewisham Central ward.
- The School Language Census taken in Autumn 2018, showed over 170 languages are spoken by Lewisham pupils

Count and percentage of non-English languages spoken as a first language in Lewisham broken down by ward (Census 2011)



Source: ONS 2011 Census (<http://www.nomisweb.co.uk>)



In relative terms, Lewisham remains amongst the most deprived local authority areas in England

In the overall **Index of Multiple Deprivation** or IMD (the combined score from all the indices), Lewisham's average score was 26.66

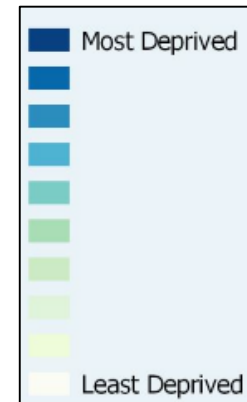
This puts Lewisham as the **63rd most deprived** of all 326 English Local Authorities (one being the most deprived), compared to a ranking of 48th for 2015 and 31th for 2010

Therefore Lewisham is within the 20% most deprived Local Authorities in England

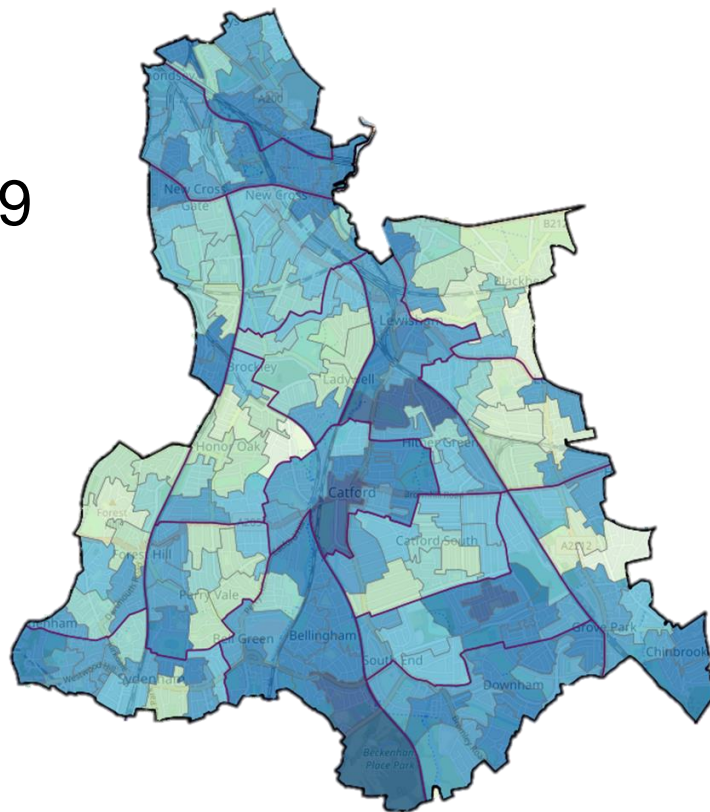
Within London Lewisham is ranked the 7th most deprived borough (DCLG, 2019)

# Deprivation

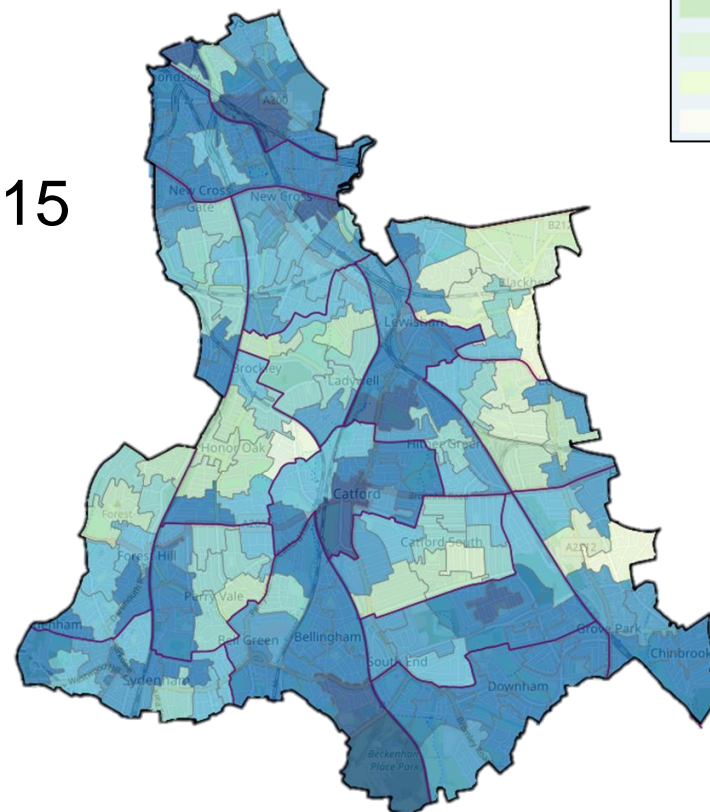
The maps breaks down urban deprivation into smaller geographies. It shows that whilst Lewisham was less deprived in 2019 compared to 2015, concentrations of deprivation in the north and south of the borough remain comparatively high.



2019



2015

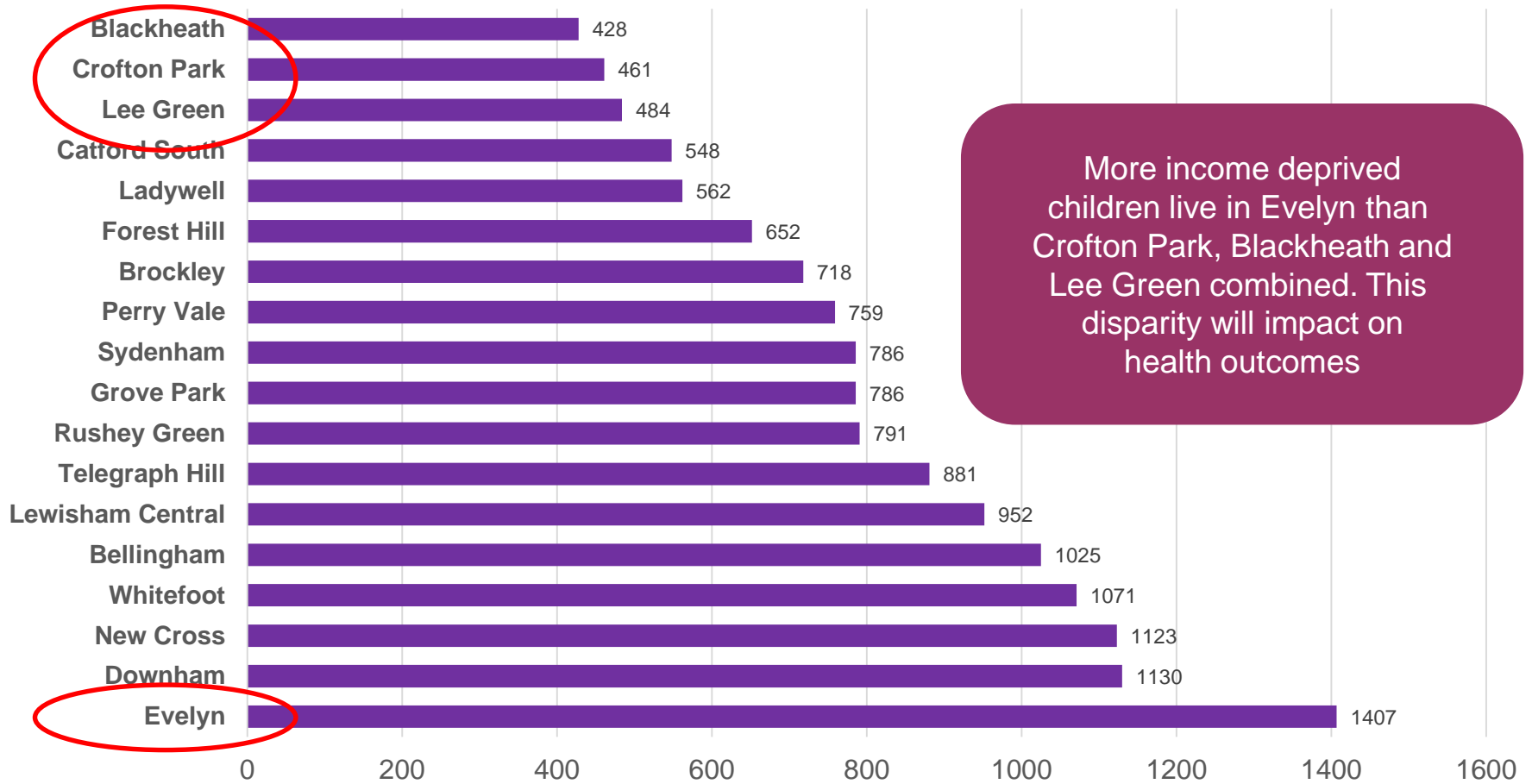


Source: Indices for Multiple Deprivation, 2019, DCLG

Deprivation



# Number of Income Deprived Children



Source: Children in Relative Low Income, Stat-Xplore DWP, 2021

## Deprivation affecting children by ward



14.5% of residents are living with a long term condition which limits their daily activities\*

This is slightly below the England average of 17.6%, however this is likely to be due to the younger population bias

For those of working age this reduces to 11.5%

\* Proxy question for disability 2011 Census

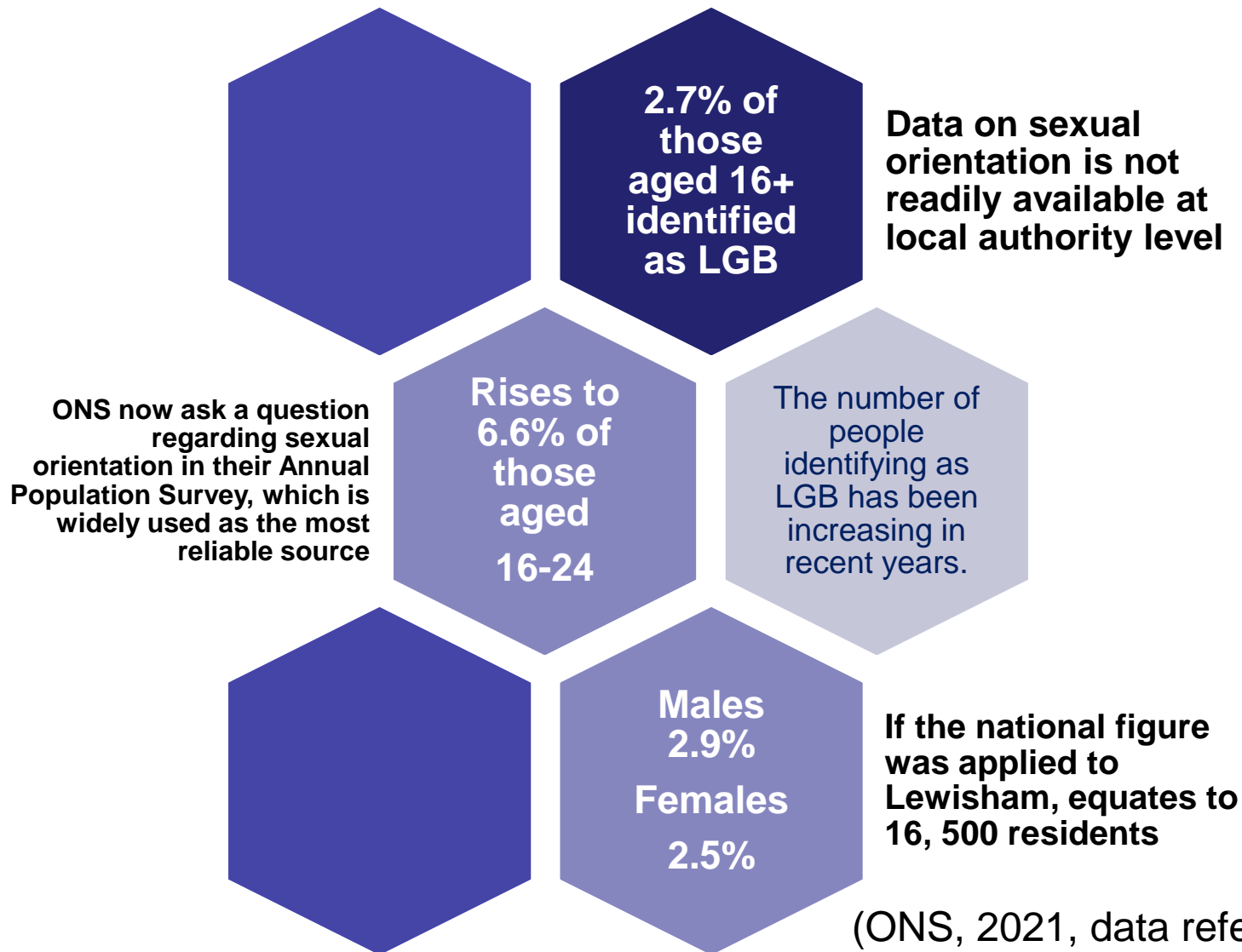
# People with a learning disability have shorter life expectancy

Disproportionately affected by certain health conditions including coronary heart disease, respiratory disease and epilepsy

Lewisham QOF  
Prevalence\* is 0.5%

Equates to over 1,600  
patients

\*2020/21



# Sexual Orientation

- People providing high levels of care are twice as likely to have poor health compared with those without caring responsibilities ([Carers UK](#))
- 8.1% of Lewisham residents provide at least some unpaid care each week (around 22,500) (2011 Census)

### Day to Day Activities are Limited to Some Extent (2011 Census)

<i>Carers</i>	<i>Non Carers</i>
23.7%	13.2%

- Only 22.2% of [adult carers](#) have as much social contact as they would like (NHS Digital, 2018/19)



- The borough's growing population means extra demand for services, ranging from GP Practices, Pharmacies and Sexual Health Clinics
- It is crucial to fully understand this growth to be able to plan effectively
- Continuing diversity must also be considered when planning and commissioning services
- Need to be aware of languages to keep services accessible
- To make services increasingly equitable it is crucial to be aware of the inequalities that currently exist



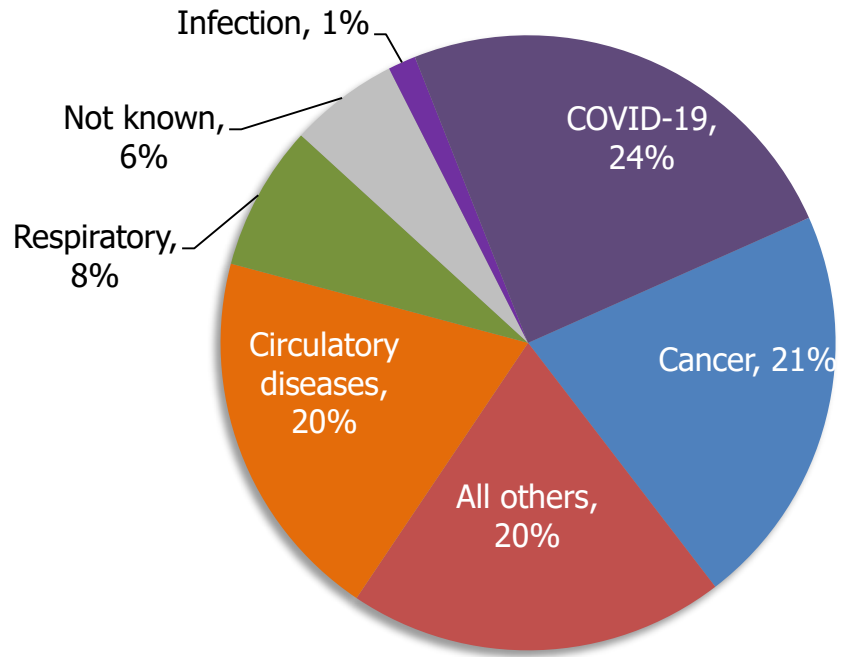
# Mortality

Lewisham faces a number of challenges associated with the identified health priority areas but health inequalities also exist within the borough

The main cause of death in Lewisham is cancer, followed by circulatory disease and respiratory

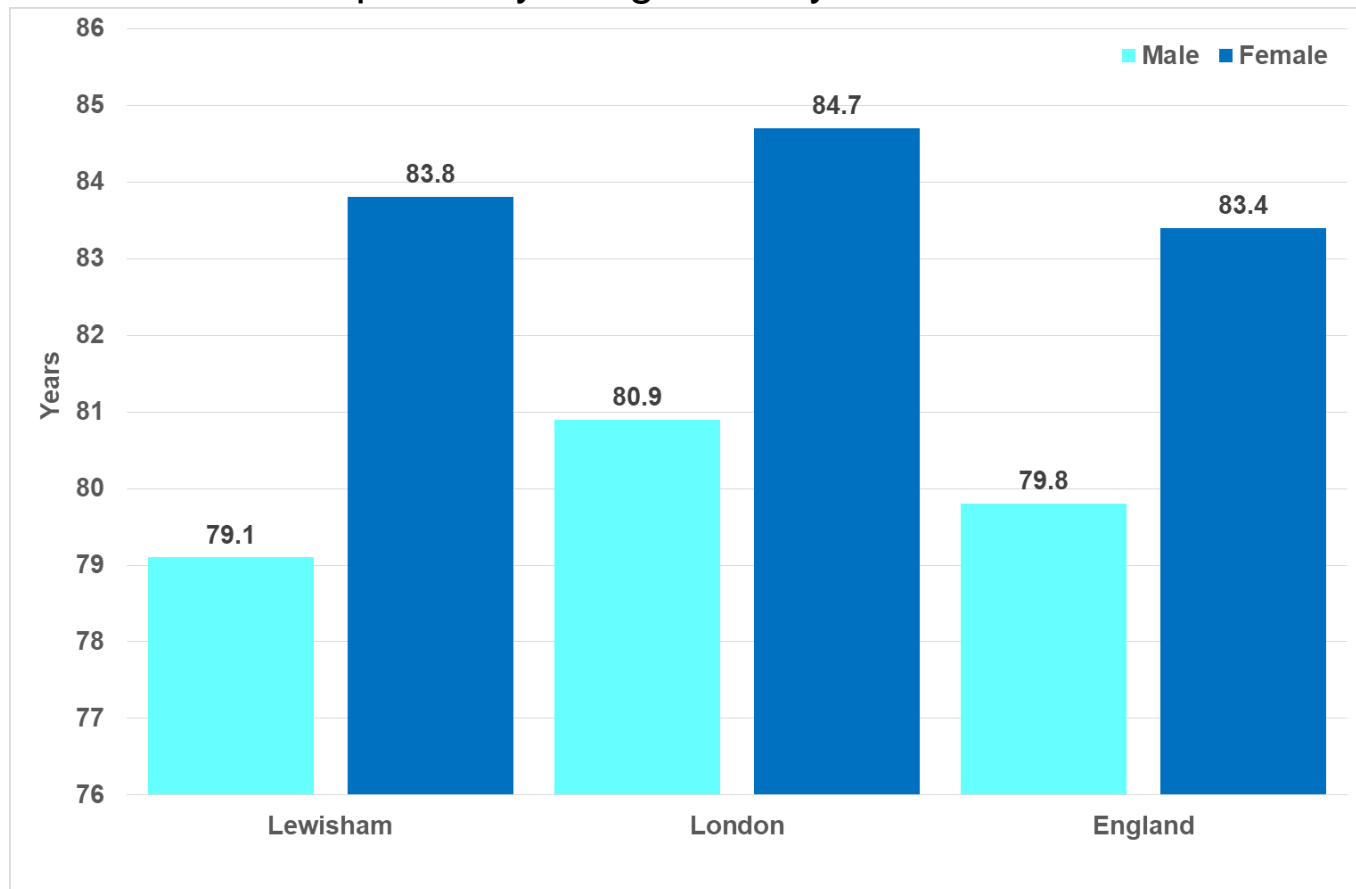
Lewisham's Black and Minority Ethnic communities are also at greater risk from health conditions such as diabetes, hypertension and stroke. Identifying those with disease early and treating them optimally is essential

**Chart 3: Death of Lewisham residents of all ages by underlying cause of death, 2020-21**



Source: Primary Care Mortality Database/local analysis (2020/21)

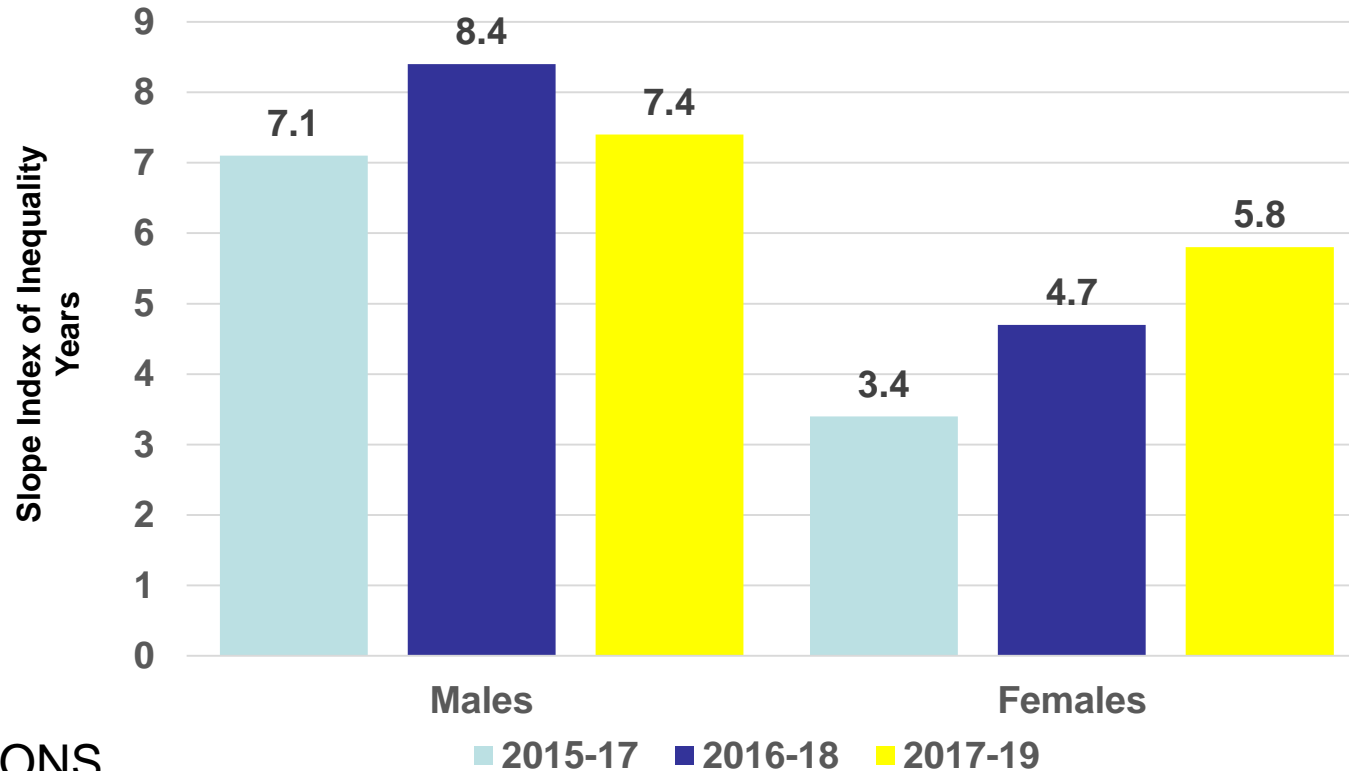
- Life expectancy has historically been lower in Lewisham than England
- However for females, Lewisham life expectancy now exceeds the national average
- For male residents life expectancy is significantly lower than the national average



Source: ONS, 2017-19

# Life Expectancy

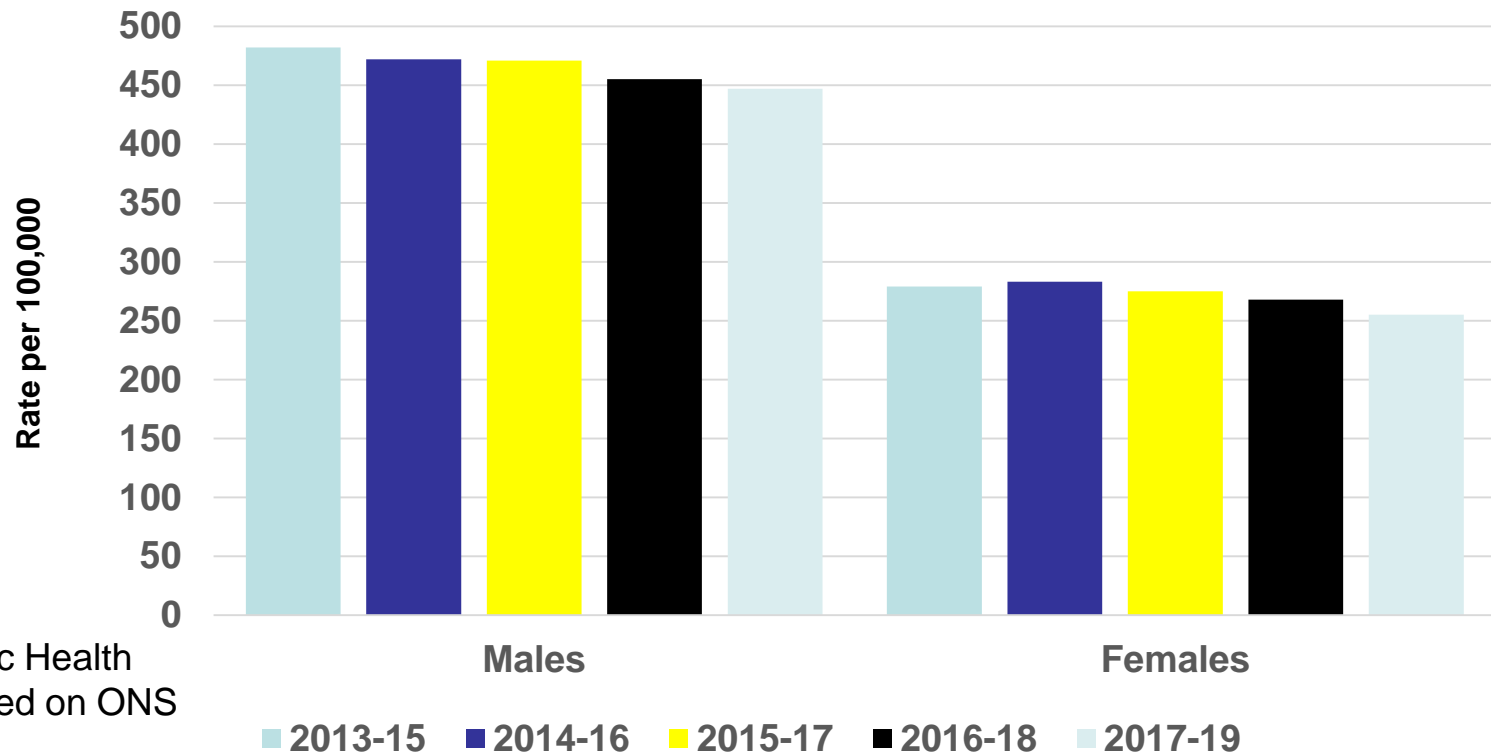
- For both men and women in Lewisham the previous trend in inequality reducing has stalled
- Lewisham is ranked 12<sup>th</sup> out of 32 London boroughs for women but 10<sup>th</sup> for men (1<sup>st</sup> sees the greatest inequality)
- Females have seen greater inequality through the last three data publications



Source: ONS

# Inequality in Life Expectancy at Birth

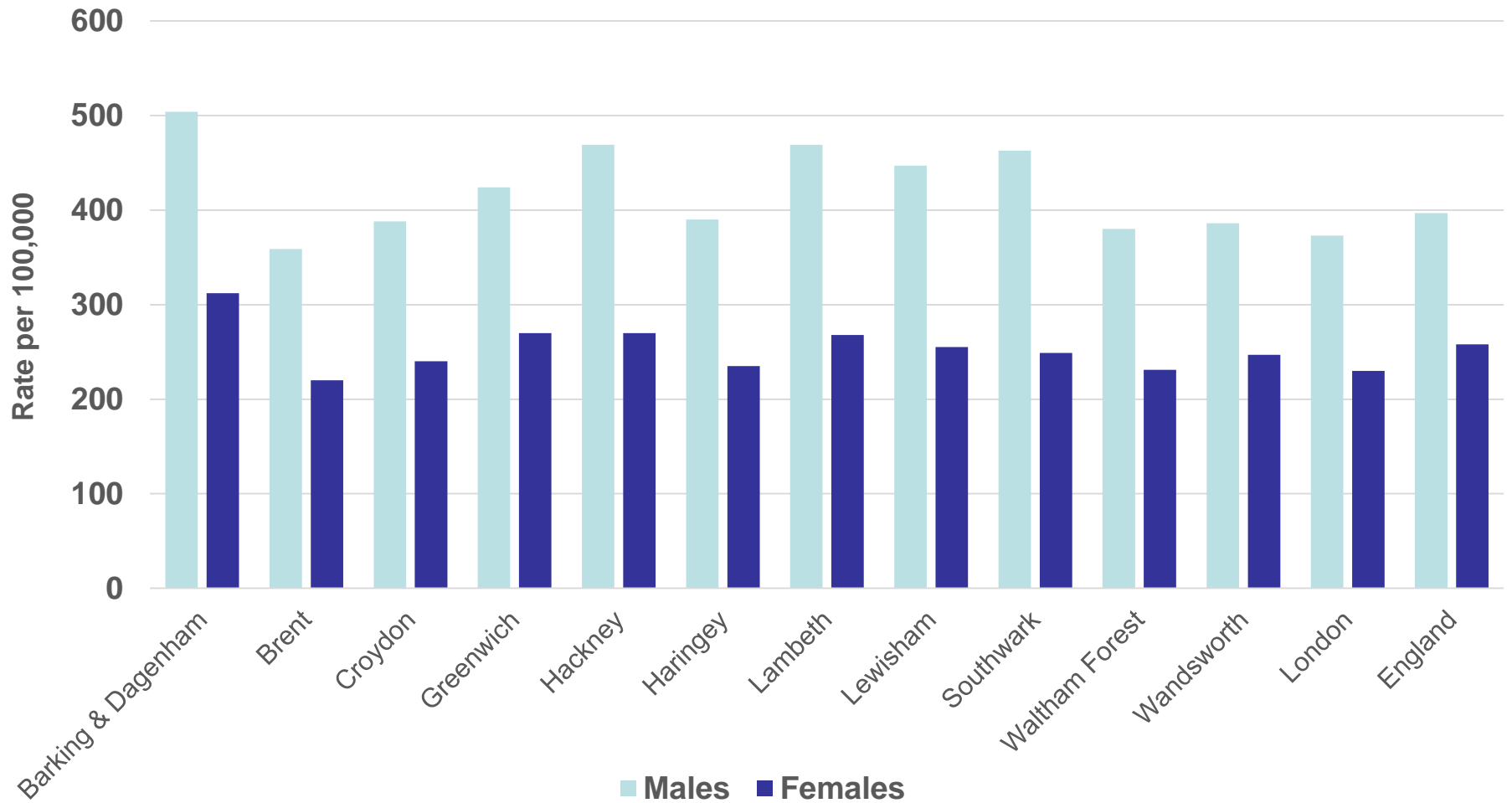
- Lewisham is faring less well for [premature deaths](#)
- Has 7<sup>th</sup> highest rate of all London boroughs for [men](#) and 8<sup>th</sup> highest for [women](#)
- The rate for both genders is significantly worse than England



Source: Public Health England (based on ONS source data)

## Premature Deaths

## Premature Deaths per 100,000 population (2017-19)



# Premature Deaths - Benchmarking

- The trend of improvements in life expectancy in Lewisham appears to have stalled and should be monitored
- There remain concentrated areas where deprivation and poorer outcomes persist
- Planning of services should consider how to address these inequalities and aim to spread the improvements borough wide



# Health - Overarching Indicators



Under 75 Mortality from cardiovascular disease has declined and is now in line with the national average (PHE)

Stroke Admissions have increased to become worse than the national average (HES)

The Lewisham NHS Health Check programme is now in its second cycle. 16 pharmacies provide this service in Lewisham

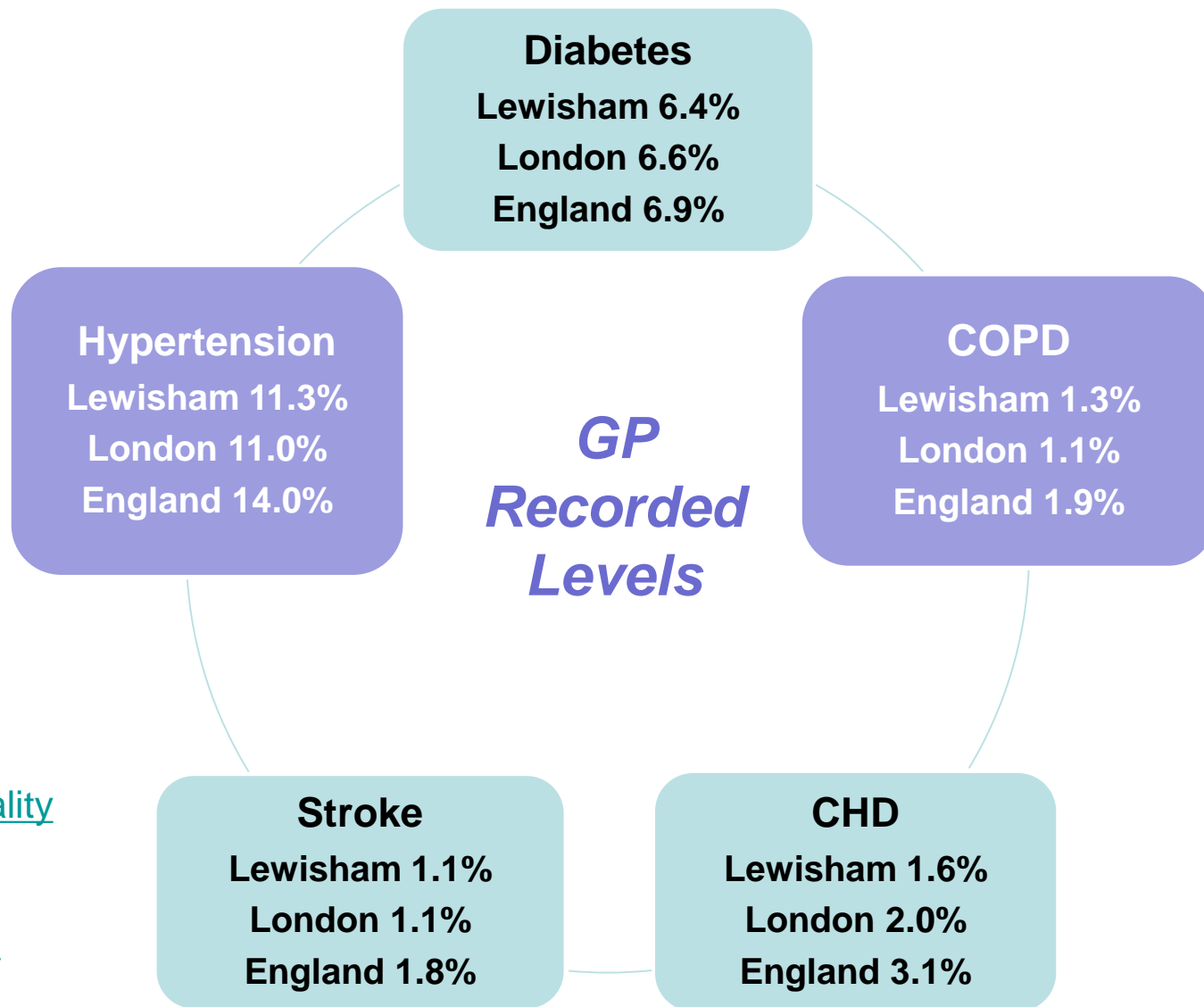


The proportion of babies born at a low birth rate has decreased notably since 2012 and is now comparable to the England average

In 2019 (most recent data available) 3.2% of babies were born at a low birth weight (under 2500g)

This decreases to 2.7% for babies born at term (at least 37 weeks gestation)

## Low Birth Weight of Babies



Source: [Quality Outcomes Framework, NHS Digital, 2018-19](#)

**Long Term Conditions** — Lewisham has a lower rate of many LTCs than England, however the younger age structure of the local population is a notable contributing factor

- More than one in five Lewisham children under 20 live in poverty (HMRC, 2016)
- Pupil absence is in line with London & England (The School Census, 2018/19)

**Over 68,200 people aged 0-17  
(ONS, 2021)**



- School Readiness: 7.5 out of 10 children are achieving a good level of development at the end of reception, better than the London and England averages (DfE, 2018/19)
- The latest data for the rate of first time entrants to the Youth Justice System has decreased and is moving in line with the London and England average (PHE Population Health, 2019)
- 5.5% of 16-17 year olds are Not in Education, Employment or Training (NEET), in line with the England average (DfE, 2019)

Children and Young People

**Excess winter deaths (85+) were worse than England (PHE, Aug 2018- Jul 2019)**



**Falls - Hips Fractures in people aged 65+, were better the national average (HES, 2019/20)**

The NHS Health Check, is a health check-up for adults in England aged 40-74. It's designed to **spot early signs** of stroke, kidney disease, heart disease, type 2 diabetes or dementia. In Lewisham the 2019/20 uptake of health checks was 32%

The residential admissions rate per 100,000 people aged 65+ is lower than England (2017/18, Better Care Fund)

**Average health status score for adults aged 65+ is lower than London and England (GP Patient Survey, 2016/17)**

**Dementia, 4.49% of GP patients aged 65+ are recorded as having dementia (Sept 2017, NHS Digital)**

Older People



- Lewisham has seen improvements in certain health indicators, yet remains above the national average
- The proportion of children living in poverty is a key area for improvement, which will have a positive impact on a variety of outcomes in later life



# Health and Wellbeing Strategy Priorities

22.4% of children in Reception are overweight or obese

This rises to 38.3% in Year 6

Lewisham has high levels of childhood and adult obesity

For adults the figure is 53.6%

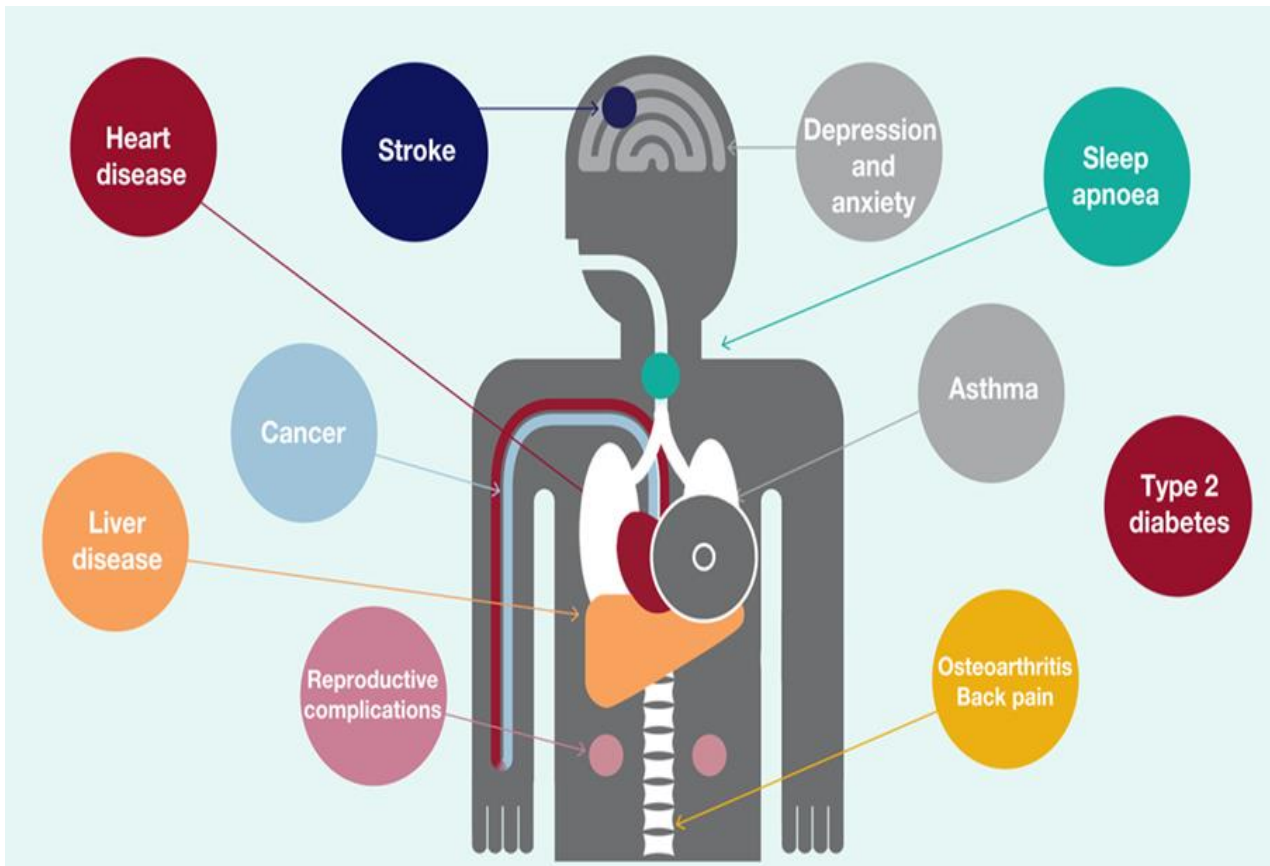
Physical activity is similar to the national average

Source: NCMP, 2019/20 & Active Lives Survey, 2019/20

\* Newer data is available for England

Excess Weight





Obese adults are seven times more likely to become type 2 diabetic than adults of a healthy weight

Obesity is linked to many serious health risks in both children and adults

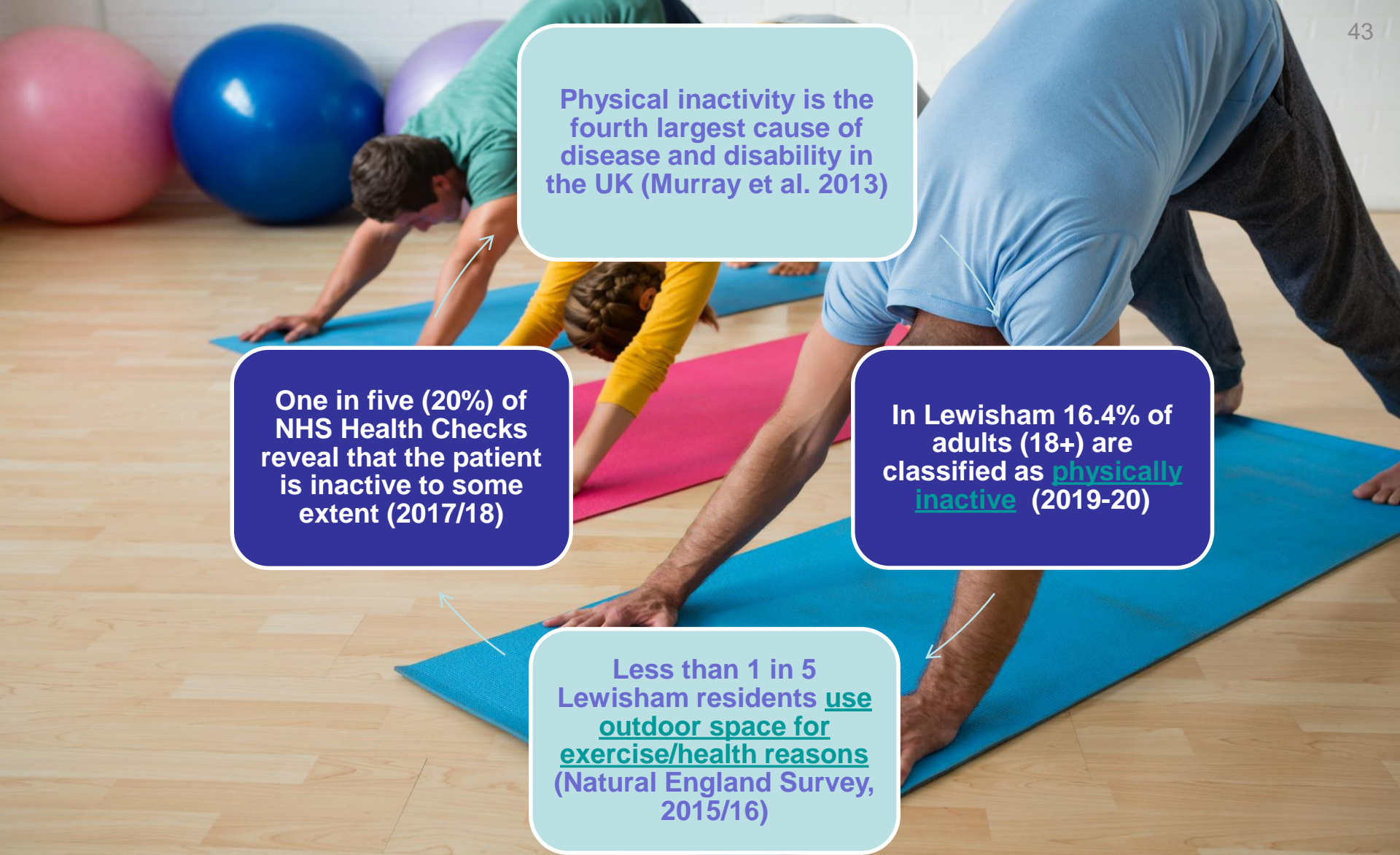
Obesity also doubles the risk of dying prematurely

## Impact of Obesity

- Lewisham continues to have high rates of breastfeeding, out-performing both London & England
- Almost 9 in 10 mothers initiate breastfeeding
- 3 out of 4 mothers are breastfeeding at 6-8 weeks
- The borough has achieved UNICEF Baby Friendly accreditation and continues work towards increasing rates



# Breastfeeding



Physical inactivity is the fourth largest cause of disease and disability in the UK (Murray et al. 2013)

One in five (20%) of NHS Health Checks reveal that the patient is inactive to some extent (2017/18)

In Lewisham 16.4% of adults (18+) are classified as **physically inactive** (2019-20)

Less than 1 in 5 Lewisham residents use outdoor space for exercise/health reasons (Natural England Survey, 2015/16)

# Physical Activity

Cancer is the  
main cause of  
death in  
Lewisham



27% of deaths in  
2017/18



Yet cancer  
screening rates  
remain below  
national averages

Breast cancer  
screening: 66.2%  
(2019-20)



Cervical cancer  
screening: 74.9%  
(2019-20)



Bowel cancer  
screening: 57.8%  
(2019-20)

Priority 2 - Increasing the number of people who survive colorectal, breast and lung cancer for 1 and 5 years

Immunisation remains one of the most cost effective healthcare interventions

Despite improvements, uptake for certain childhood immunisations falls below herd immunity

Key Vaccine	Uptake rate (2019/20)
Hib/Men C at 2	83.2%
D3 at 1	89.4%
D4 at 5	77.1%



Slight decrease in uptake of MMR vaccine

Children in Reception, Y1 & Y2 now receive the flu vaccine

65+ Flu vaccine uptake is also low

HPV uptake has improved to be in-line with England

Key Vaccine	Uptake rate (2019/20)
MMR1 at 2	83.4%
MMR2 at 5	85.7%

# Priority 3 - Improving Immunisation Uptake



Alcohol plays an important role in society, being consumed by the majority of adults and making an important contribution to the economy

However, the consumption of alcohol has both health and social consequences, including related health problems and loss of economic activity

Alcohol misuse also affects wider society through crime and adverse effects on inter-personal relationships

Under 75 liver disease mortality for males has reduced but remains statistically higher than England (PHE, 2017-19)

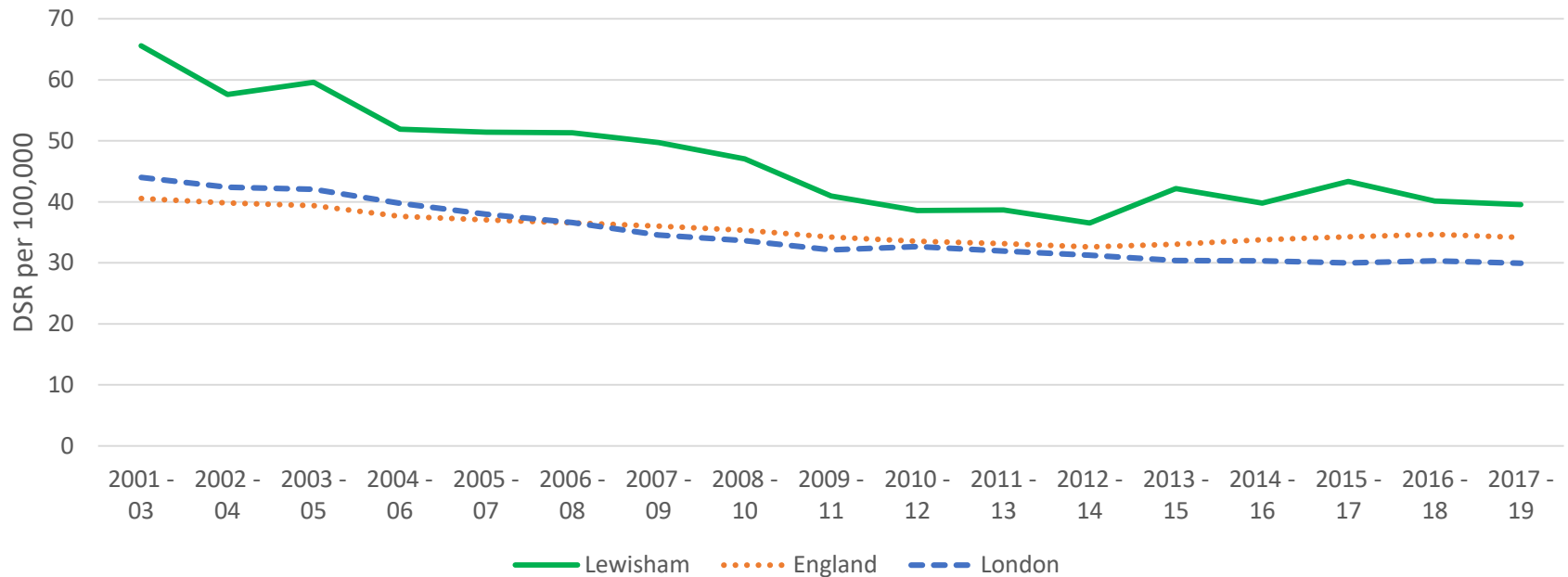
Alcohol related admissions remain significantly lower than England (PHE, 2018/19)

Lewisham Practitioners continue to be trained in Brief Interventions and Making Every Contact Count

## Priority 4 - Reducing Alcohol Harm

- At 14.5% of the population, more people [smoke in Lewisham](#), compared to London and England (ONS, 2019)
- People who work in [routine & manual occupations](#) are more likely to smoke
- Smoking attributable [hospital admissions](#) and [mortality](#) are statistically higher than in England and London (HES, 2018/19 & ONS 2016-18)

Under 75 mortality rate from respiratory disease  
Directly age-standardised rate per 100,000 population



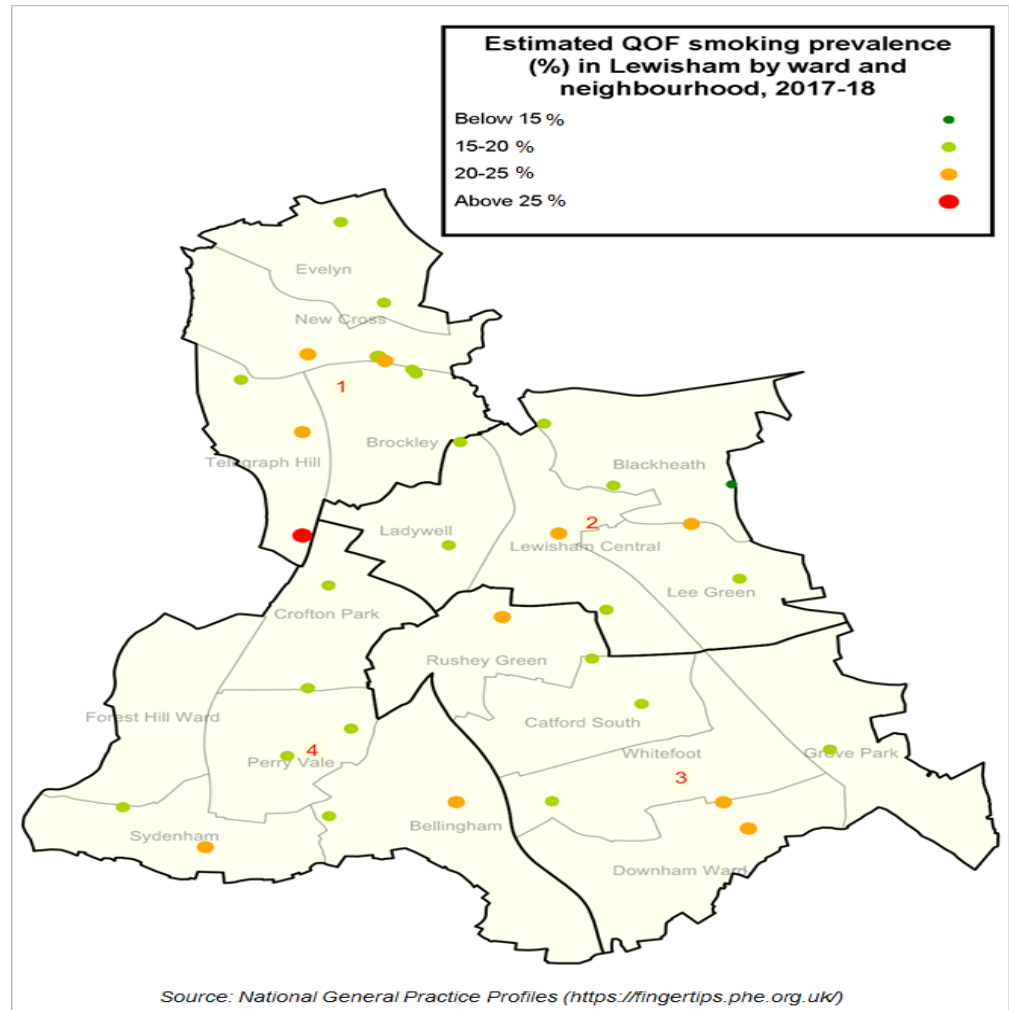
Source: ONS

**Priority 5 - Preventing the uptake of smoking among children and young people and reducing the numbers of people smoking**



The map plots prevalence of smoking as known to GP Practices.

There is notable variation between practices.



# Smoking Prevalence by GP Practice



GP recorded prevalence of depression (8.2%) is lower than England (9.9%) (2017/18)

Number of accepted referrals to the Lewisham Memory Service has remained steady since the launch in 2011

2017 Annual Public Health Report

Number of patients on the Lewisham GP Practice Dementia Register has increased year on year since 2007

Significantly higher rates of serious mental illness in Lewisham (1.3%) compared to England (0.9%) (2019/20)

Priority 6 - Improving Mental Health and Wellbeing

The teenage conception rate has reduced notably and is now in line with the national average (ONS, 2018)

Chlamydia positivity rates remain higher than London and England (PHE, 2019)

The rate of new STI diagnoses (excluding Chlamydia) are significantly higher than London and England  
PHE (2019)

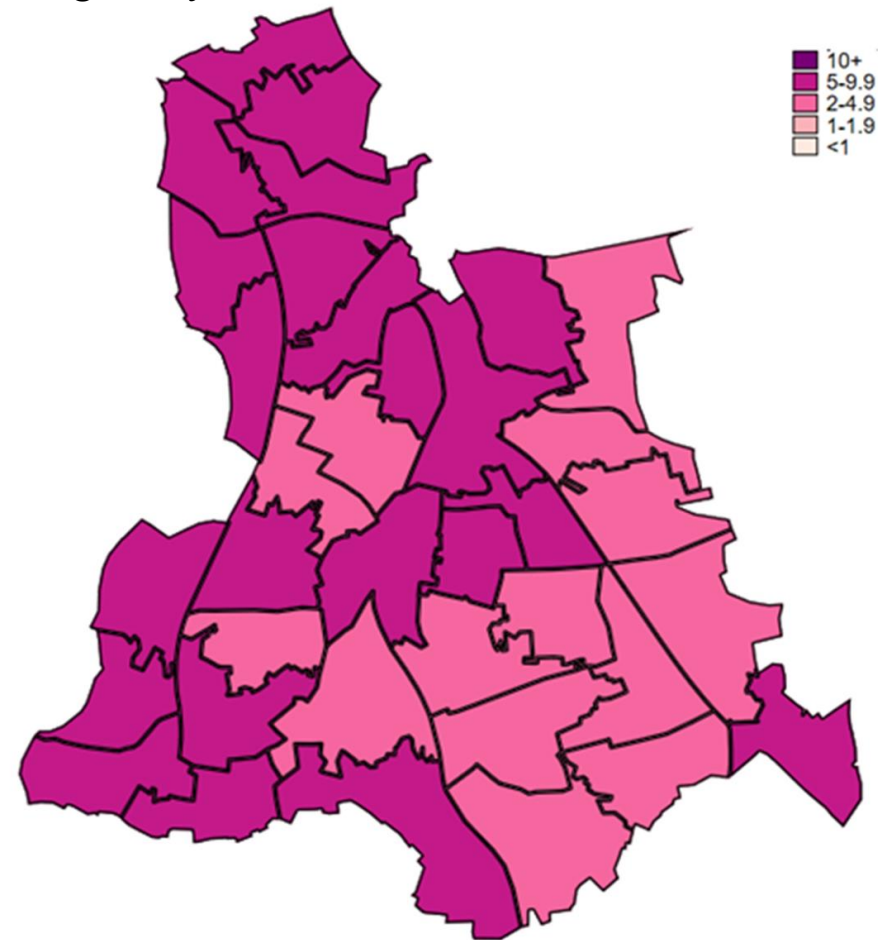
At 25.3 per 1000 women the abortion rate in Lewisham is significantly higher than England and the 9<sup>th</sup> highest in London

Black Caribbean and Black African women are over represented in the number having abortions  
(Department of Health/local analysis 2017)

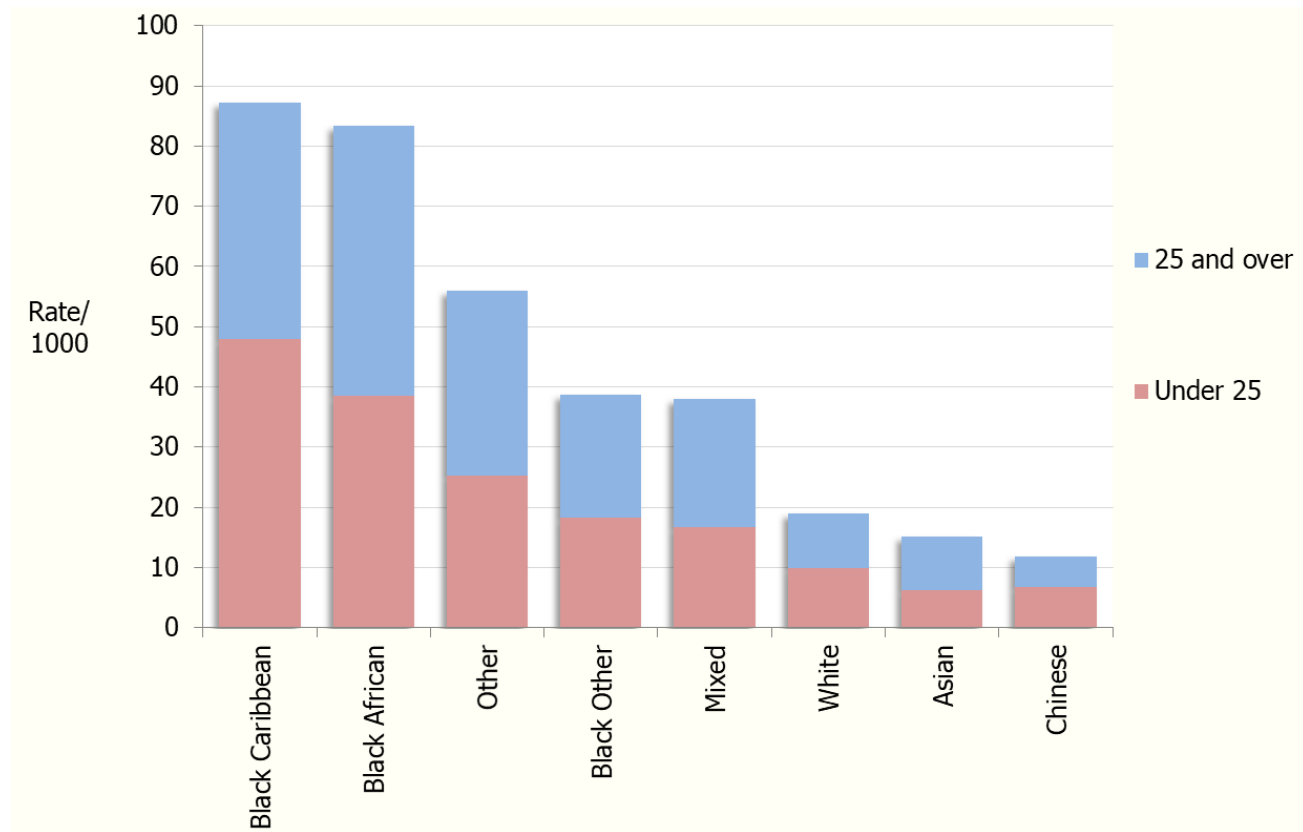
## Priority 7 - Improving Sexual Health

- [HIV diagnosis is high](#) compared to other London local authorities, as is the level of [new diagnoses](#) (PHE, 2019)
- The proportion of people presenting at a [late stage of HIV](#) infection has generally improved since 2010, although it has increased in recent years

Map of HIV prevalence/1000 population of all ages by Lewisham MSOA, 2018



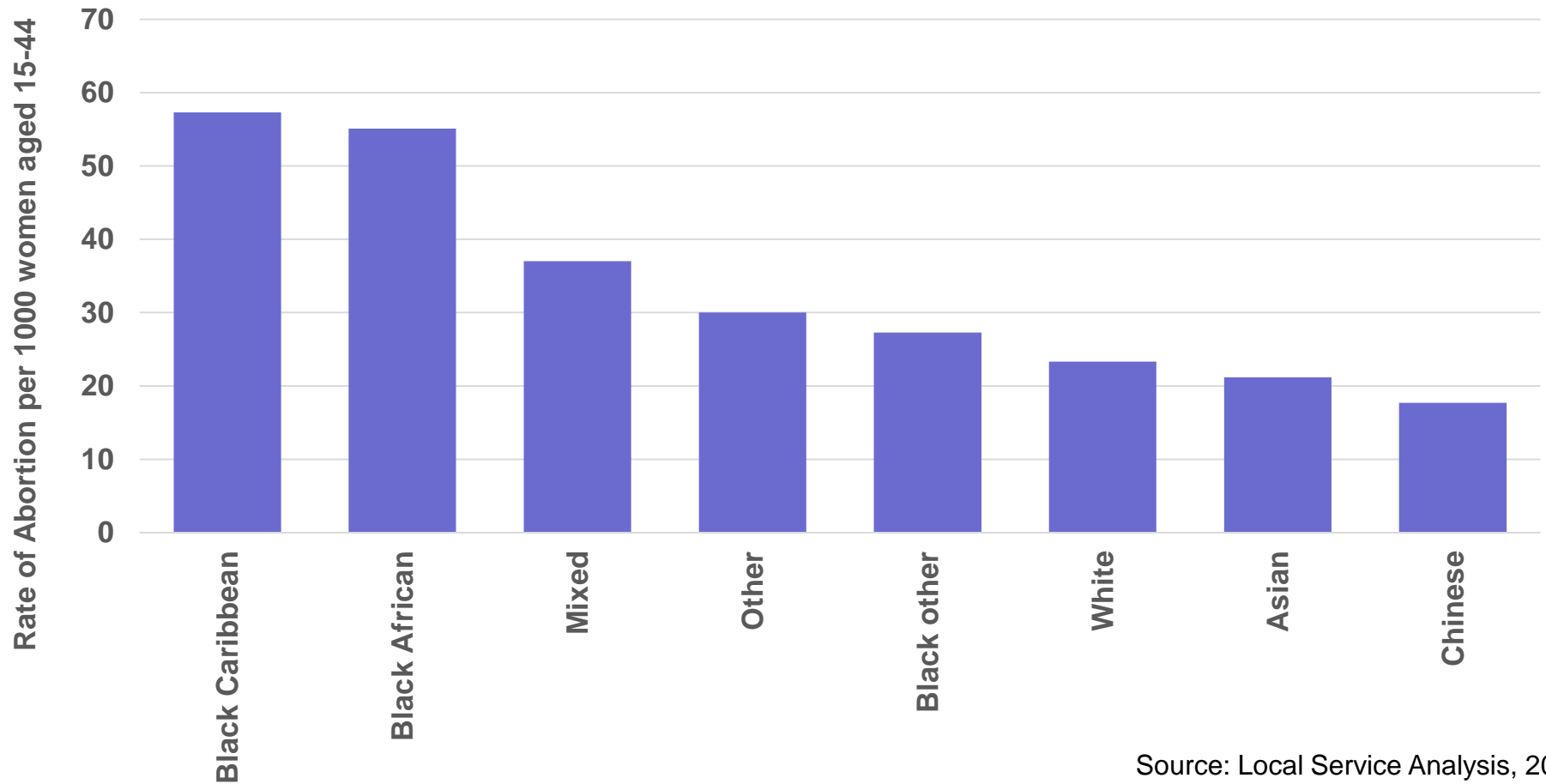
Use of EHC varies notably by ethnic group, with women from Black ethnic groups, seeing much higher usage rates per 1,000 population. Data refers to pharmacy prescribed EHC.



Source: Local Pharmacy Database, 2020/21

# Emergency Hormonal Contraception

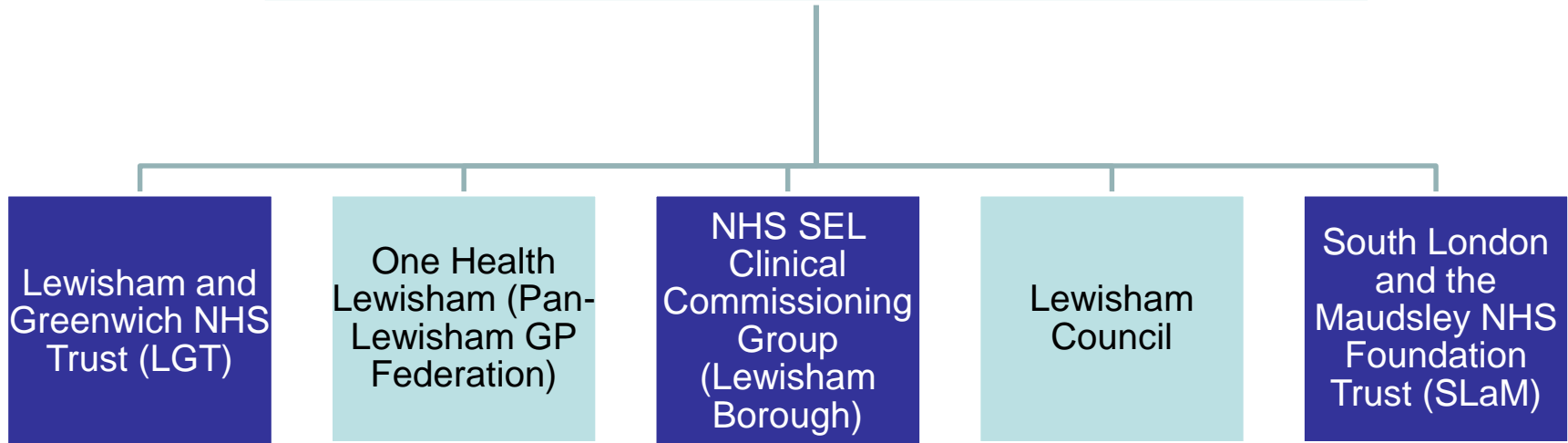
The Abortion rate also varies notably by ethnic group. Women from Black African and Black Caribbean ethnic groups are more than twice as likely to have an abortion than White or Asian women.



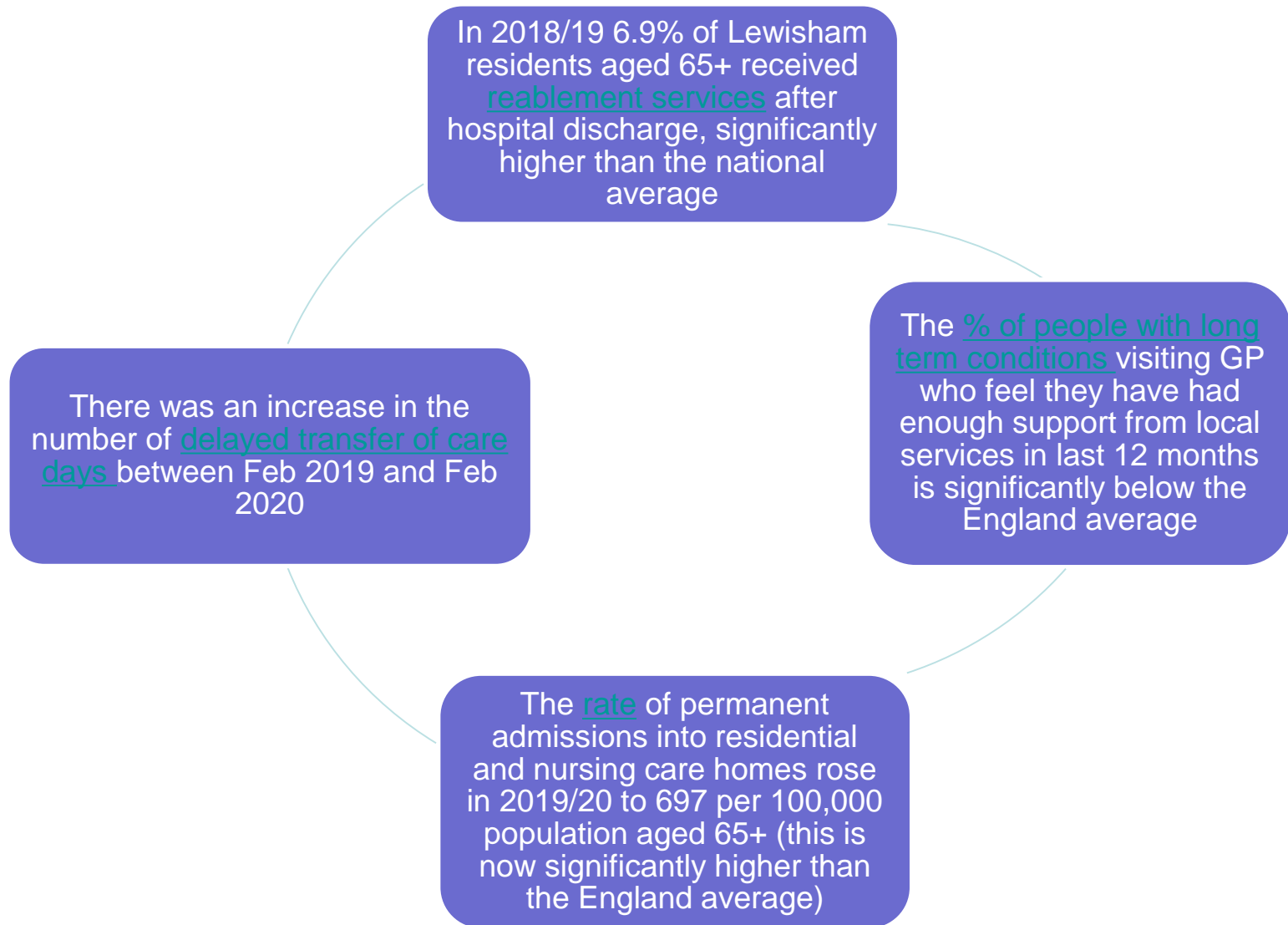
Source: Local Service Analysis, 2019

## Abortions by Ethnic Group

**Health and social care services are working together with voluntary services to provide more joined-up, proactive and personalised care for Lewisham residents. The name of this integrated care partnership is Lewisham Health and Care Partnerships. Working together in a joined-up way means we can coordinate services better. This will help residents to get the help they need when they need it.**



Priority 8 - Delaying and reducing the need for long term care and support & Priority 9 - Reducing the number of emergency admissions for people with long-term conditions



# Other Determinants of Health



- Crime can have a number of impacts on health, including fear of crime and the direct impact of detrimental effect on the physical and mental health of victims
- Lewisham has the 17<sup>th</sup> highest crime rate in London (MPS, 2017/18)
- [Hospital admissions for violence](#) are now in-line with the London and England average (HES, 2017/18-2019/20)
- [26.6% of offenders are recorded as re-offending](#), in-line with London and England (2014, MoJ)
- In Lewisham the police are involved in a number of initiatives and groups alongside the council and health partners such as the Alcohol Delivery Group

There are several different gases which can occur in ambient air and which have been identified as having health impacts. These include nitrogen dioxide (NO<sub>2</sub>), sulphur dioxide (SO<sub>2</sub>) and ground-level ozone (O<sub>3</sub>). In addition, very small particles of dust can be inhaled and reach the inner airways and lungs

Breathing in polluted air is linked to respiratory illnesses including Chronic Obstructive Pulmonary Disease (COPD), asthma cardiovascular disease and neurological impairments

The quality of the air in the local environment has an impact on the health of the public and ecosystems.

Air pollution is estimated to reduce life expectancy of every person in the UK by an average of 7-8 months (Air Quality Information for Public Health Professionals – City of London)

In Lewisham the Proportion of all-cause adult mortality attributable to air pollution is 6.4%, this is in line with London, but higher than England (PHE, 2019)

Condition	Indicator	Lewisham	London	England
Chronic Obstructive Pulmonary Diseases (COPD)	Under 75 mortality per 100,000 from respiratory disease (2014-16)	43.4	30.0	34.3
	Emergency hospital Admissions for COPD per 100,000 population (2016-17)	430	399	417
Cardiovascular Disease	Under 75 mortality rate per 100,000 (2014-16)	80.7	73.2	72.5
Asthma	Hospital admissions for asthma under 19 years per 100,000 population (2016/17)	323.9	201.2	202.8
Lung Cancer	Registration rate per 100,000 for lung cancer (2013-15)	85.7	77.3	78.5
	Mortality from lung cancer per 100,000 population (2014-16)	61.3	53.4	57.7

## Prevalence of key air quality-related conditions in Lewisham

- Lewisham is the 13<sup>th</sup> most densely populated local authority in England
- Along with many inner London boroughs the availability and affordability of secure and quality housing is an issue
- The impacts on both physical and mental wellbeing are well documented

Key Figures	Lewisham	London	England
Households owed a duty under the Homelessness Reduction Act (rate per 1,000)	20.0	15.3	12.3
Households with dependent children owed a duty under the Homelessness Reduction Act (rate per 1,000)	9.6	18.7	14.9

Source: Ministry of Housing, Communities & Local Government (2019/20)



# Services

# Primary Care Networks in Lewisham September 2021

**NHS**  
Lewisham  
Clinical Commissioning Group

● GP Practices

## North Lewisham PCN (80k)

Clinical Director: Dr Forgan

- 1 Mornington Surgery (closed) - Merged with Kingfisher MC
- 2 Queens Road Partnership
- 3 Kingfisher Medical Centre
- 4 Clifton Rise Family Practice
- 5 New Cross Health Centre
- 6 Grove Medical Centre
- 7 Vesta Road Surgery
- 8 Amersham Vale Training Practice
- 9 Deptford Surgery
- 11 Deptford Medical Centre

## Lewisham Alliance PCN (53k)

Clinical Director: Dr Adams/Raheem

- 14 Lewisham Medical Centre
- 15 Burnt Ash Surgery
- 18 Lee Road Surgery
- 22 Triangle Group Practice
- 24 Woodlands Health Centre
- 25 Nightingale Surgery

## Lewisham Care Partnership (58k)

Super-partnership

Clinical Director: Dr Ferdinand

- 13 Belmont Hill Surgery
- 16 Morden Hill Surgery
- 17 St Johns Medical Centre
- 20 Hilly Fields Medical Centre
- 21 Honor Oak Group Practice

## Sevenfields PCN (62k)

Clinical Director: Dr Tattersfield

- 27 Torridon Road Medical Practice
- 29 ICO Health Group - Moorside Clinic
- 30 Downham Family Medical Practice
- 31 ICO Health Group - Chinbrook Road Surgery
- 32 Park View Surgery
- 33 ICO Health Group - Marvels Lane Surgery
- 34 ICO Health Group - Boundfield Medical Centre
- 35 Oakview Family Practice
- Novum Health Partnership
- 23 Rushey Green Group Practice
- 28 Baring Road Medical Centre

## Aplos Health PCN (50k)

Clinical Director: Dr Senbanjo

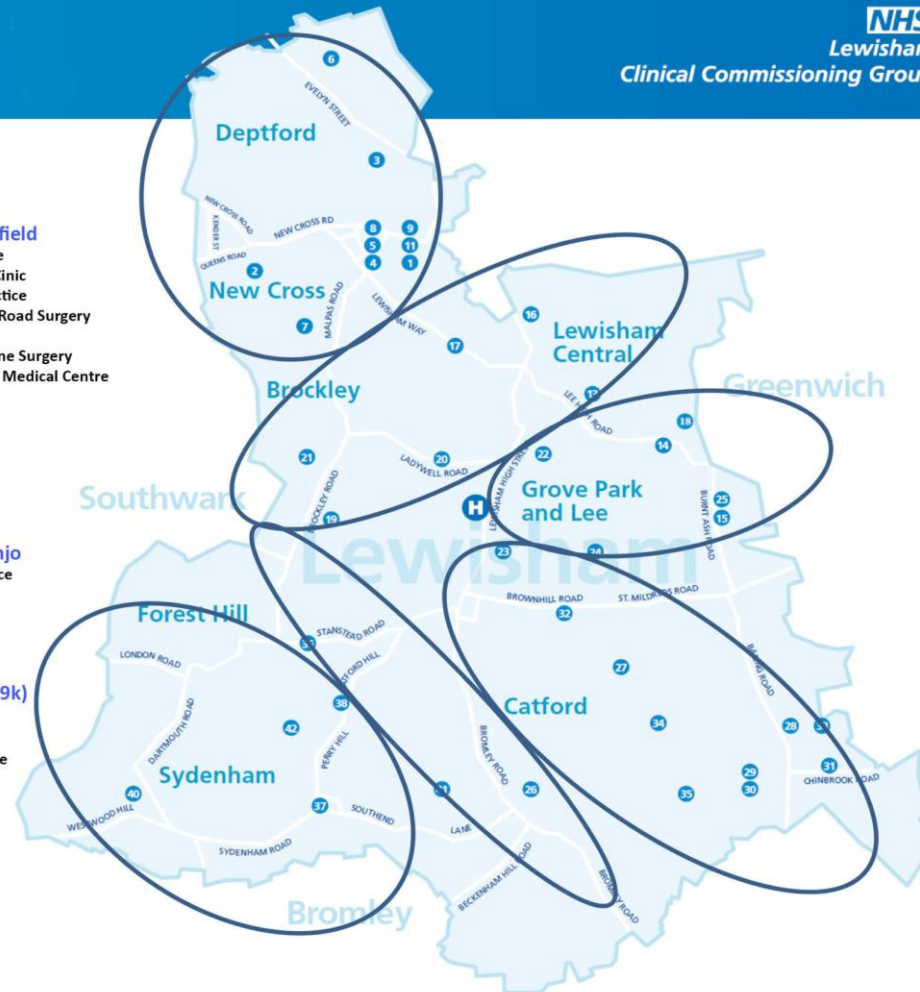
- 37 Sydenham Green Group Practice
- 38 Woolstone Medical Centre
- 40 Wells Park Practice
- 42 The Vale Medical Centre

## Modality Lewisham PCN (39k)

Super-partnership

Clinical Director: Dr Knight

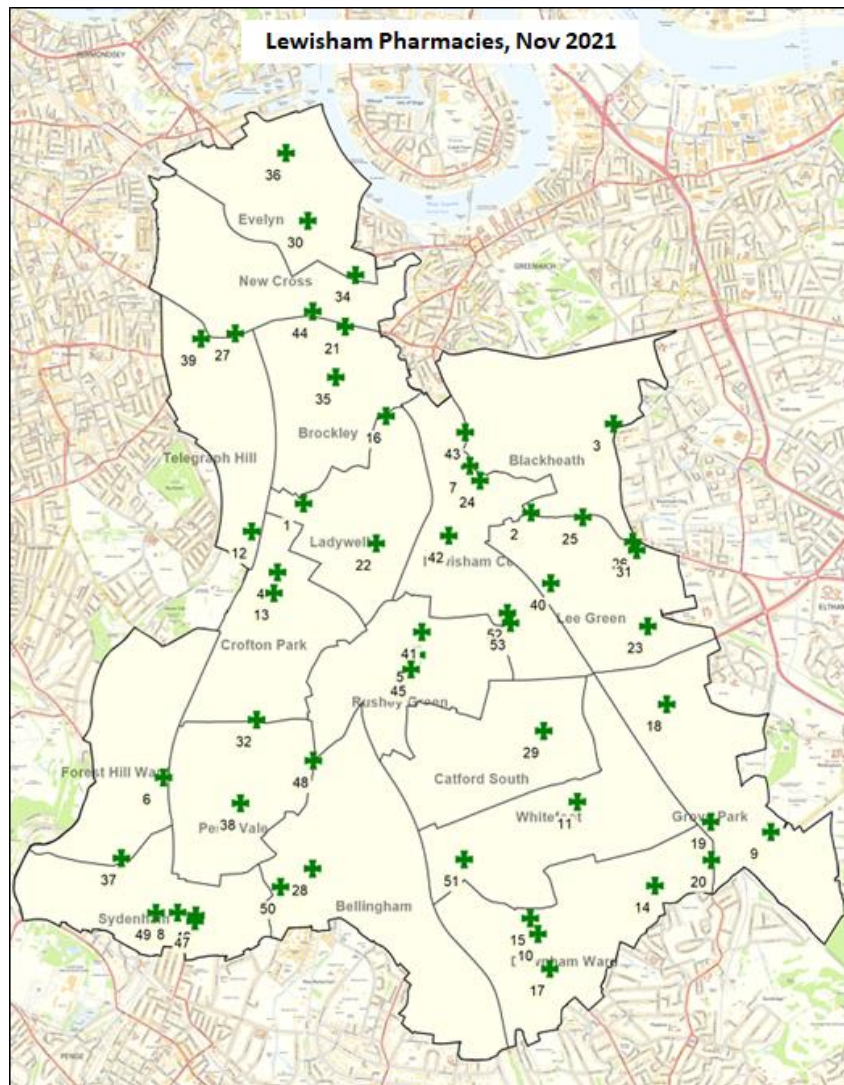
- 26 South Lewisham Group Practice
- 36 The Jenner Practice
- 41 Bellingham Green Surgery



 **Better health, best care**  
for Lewisham people

# GP Practices in Lewisham





1 Amin Pharmacy	20 Harris Chemist	39 Queens Road Pharmacy
2 Baum Pharmacy	21 Krisons Chemist	40 Rains Pharmacy
3 Beechcroft Pharmacy	22 Ladywell Pharmacy	41 Rushey Green Pharmacy
4 Bentley Chemist	23 Lee Pharmacy	42 Sheel Pharmacy Ladywell
5 Boots UK Ltd	24 Lewis Grove Pharmacy	43 Sheel Pharmacy Lewisham
6 Boots UK Ltd	25 Lewisham Pharmacy	44 Station Pharmacy
7 Boots UK Ltd	26 Lloyds Pharmacy	45 Superdrug Pharmacy
8 Boots UK Ltd	27 Lloyds Pharmacy	46 Superdrug Stores
9 Brook Pharmacy	28 Lloyds Pharmacy	47 Touchwood Pharmacy
10 Brownes Chemist	29 Lloyds Pharmacy	48 Touchwood Pharmacy
11 Cambelle Chemist	30 Lockyers Pharmacy	49 Touchwood Pharmacy
12 Cheltenham Chemist	31 Lords Pharmacy	50 Touchwood Pharmacy
13 Crofton Park Pharmacy	32 Medicos Pharmacy	51 Vantage Pharmacy
14 Day Lewis Pharmacy	33 New Cross Pharmacy	52 Widdicombe Chemist
15 Day Lewis Pharmacy	34 Nightingale Pharmacy	53 Woodlands Pharmacy
16 Day Lewis Pharmacy	35 Osbon Pharmacy	
17 Duncans Chemist	36 Pepys Pharmacy	
18 Gokul Chemists	37 Perfucare	
19 Grove Park Pharmacy	38 Perry Vale Pharmacy	

Map of Pharmacies - there are 53 pharmacies in the borough



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